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**Titel:** A Harnack inequality for solutions of difference differential equations of elliptic type

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# A Harnack inequality for solutions of difference differential equations of elliptic-parabolic type

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## 1 Introduction

In treating the regularity problem for solutions of nonlinear elliptic and parabolic equations, we need to consider the corresponding linear equations with only measurable coefficients. Hölder estimates for bounded weak solutions of equations have been obtained in the papers [8–12]. It was shown by Moser that a Harnack inequality holds for solutions of elliptic and parabolic equations with bounded and measurable coefficients [10, 11].

In this paper we shall study difference-differential equations of elliptic-parabolic type with bounded and measurable coefficients. It is our aim to derive a Harnack inequality for solutions of such equations uniformly with respect to approximations. Previously, such problems had been studied by Kikuchi [6], who treated Hölder estimates for equations independently of approximations. Depending on the relation between the size of a local cube and a time-discrete mesh, the equations show a “parabolic” or “elliptic” behavior, respectively. We also think that the estimates in this paper will be fundamental and useful for time-discrete approximations of evolution equations (see [7]) and will play an essential role in constructing Morse flows for certain functionals in the calculus of variations (refer to [1, 5]).

Let  $\Omega$  be a bounded open set in Euclidean space  $R^m$ ,  $m \geq 2$ ,  $u$  be a function:  $\Omega \rightarrow R$  and  $Du = (D_1 u, D_2 u, \dots, D_m u)$ ,  $D_\alpha u = \partial u / \partial x^\alpha$  ( $1 \leq \alpha \leq m$ ) be the gradient of  $u$ . Let  $T$  be a positive number arbitrarily given and set  $Q = (0, T) \times \Omega$ . We use the usual Lebesgue space  $L_p(\Omega)$ , Sobolev spaces;  $W_p^k(\Omega) = W_p^k(\Omega, R)$ ,  $W_{p,0}^k(\Omega) = W_{p,0}^k(\Omega, R)$ ,  $V_2(Q) = L^\infty((0, T); L^2(\Omega)) \cap L^2((0, T); W_2^1(\Omega))$  and  $V_{2,0}(Q) = L^\infty((0, T); L^2(\Omega)) \cap L^2((0, T); W_{2,0}^1(\Omega))$ .

For a positive integer  $N$ ,  $N \geq 2$ , we put  $h = T/N$  and  $t_n = nh$  ( $0 \leq n \leq N$ ). Let  $u_0$  be a function belonging to  $W_2^1(\Omega)$ . We shall be concerned with a family of linear elliptic partial differential equations:

$$(1.1) \quad \frac{u_n - u_{n-1}}{h} = D_\alpha (a_n^{\alpha\beta}(x) D_\beta u_n) \quad (1 \leq n \leq N).$$

In the summation convention over repeated ones, the Greek indices run from 1 to  $m$ . The coefficients  $a_n^{\alpha\beta}(\cdot)$  ( $1 \leq \alpha, \beta \leq m$ ,  $1 \leq n \leq N$ ) are measurable functions

defined in  $\Omega$  satisfying the uniform ellipticity and boundedness condition with positive constants  $\lambda$  and  $\mu$ :

$$(1.2) \quad \lambda |\xi|^2 \leq a_n^{\alpha\beta}(x) \xi^\alpha \xi^\beta \leq \mu |\xi|^2 \quad \text{for } \xi = (\xi^\alpha) \in R^m, \quad 1 \leq n \leq N \text{ and any } x \in \Omega.$$

Consider a family of weak solutions of (1.1) with initial data  $u_0$ , that is, a family  $\{u_n\}$  ( $1 \leq n \leq N$ ) of functions  $u_n \in W_2^1(\Omega)$  which satisfy

$$(1.3) \quad \int_{\Omega} \frac{u_n - u_{n-1}}{h} \varphi \, dx + \int_{\Omega} a_n^{\alpha\beta} D_\beta u_n D_\alpha \varphi \, dx = 0 \quad \text{for any } \varphi = (\varphi^i) \in W_{2,0}^1(\Omega).$$

For such a family  $\{u_n\}$  ( $1 \leq n \leq N$ ), define a function  $u_h(t, \cdot)$ :  $t \in [0, T] \rightarrow u_h(t, \cdot) \in W_2^1(\Omega)$  as follows:

$$(1.4) \quad \begin{aligned} u_h(0, \cdot) &= u_0(\cdot), \\ u_h(t, \cdot) &= u_n(\cdot) \quad \text{for } t_{n-1} < t \leq t_n \quad (1 \leq n \leq N). \end{aligned}$$

Also define

$$(1.5) \quad a^{\alpha\beta}(t, \cdot) = a_n^{\alpha\beta}(\cdot), \quad \text{for } t_{n-1} < t \leq t_n \quad (1 \leq n \leq N).$$

We deduce from (1.3) and the definitions (1.4), (1.5) that  $u_h$  satisfies the identity

$$(1.6) \quad \int_{\Omega} \frac{u_h(t, \cdot) - u_h(t-h, \cdot)}{h} \varphi(\cdot) \, dx + \int_{\Omega} a^{\alpha\beta}(t, \cdot) D_\beta u_h(t, \cdot) D_\alpha \varphi(\cdot) \, dx = 0$$

for any  $\varphi = (\varphi^i) \in W_{2,0}^1(\Omega)$  and all  $t \in (0, T]$ . (1.4) understood, we use the notations  $u_h$  and  $\{u_n\}$  interchangeably.

Some standard notations: For a point  $z_0 = (t_0, x_0) \in Q$ , we put

$$(1.7) \quad \begin{aligned} B_r(x_0) &= \{x \in R^m: |x^\alpha - x_0^\alpha| < r (1 \leq \alpha \leq m)\}, \\ C_{r,\tau}(z_0) &= \{t \in R: |t - t_0| < \tau\} \times B_r(x_0), \\ C_{r,\tau}^+(z_0) &= \{t \in R: t_0 - \tau < t < t_0\} \times B_r(x_0), \\ C_{r,\tau}^-(z_0) &= \{t \in R: t_0 < t < t_0 + \tau\} \times B_r(x_0). \end{aligned}$$

These domains are referred to as cubes. For simplicity, we shall use abbreviations:

$$C_r(z_0) = C_{r,r^2}(z_0), \quad C_r^+(z_0) = C_{r,r^2}^+(z_0), \quad C_r^-(z_0) = C_{r,r^2}^-(z_0).$$

In the above notations, the centre  $x_0$  and  $z_0$  will be omitted when no confusion may arise. For  $z_i = (t_i, x_i)$  ( $i = 1, 2$ ), we introduce the parabolic metric

$$(1.8) \quad \delta(z_1, z_2) = \max\{|t_1 - t_2|^{1/2}, |x_1^\alpha - x_2^\alpha| (1 \leq \alpha \leq m)\}.$$

For a measurable set  $A$  in  $R^k$ , we denote the  $k$ -dimensional measure of  $A$  by  $|A|$  and for an integrable function  $f$  on  $A$ , we put

$$\bar{f}_A = \frac{1}{|A|} \int_A f(z) \, dz.$$

For a positive number  $l$  we denote by  $[l]$  the greatest non-negative integer not greater than  $l$ . We also set

$$(1.9) \quad \tilde{n}_l = \text{the greatest non-negative integer less than } l^2/h.$$

The same letter  $\gamma$  will be used to denote different constants depending on the same parameters.

Now let  $N_0$  be a positive integer satisfying

$$N_0 > \log(1 + m/2)/\log(1 + 2/m)$$

and let  $h_0$  be a sufficiently small positive number. From now on, we take  $N$  in (1.1) sufficiently large satisfying

$$N \geq \max \{N_0, T/h_0\}.$$

We also define a cube  $\tilde{Q}_{h_0}$  as follows:

$$\tilde{\Omega}_{h_0} = \{x \in \Omega; \text{dist}(x, \partial\Omega) > \sqrt{(N_0 + 1)h_0}\}, \quad \tilde{Q}_{h_0} = ((N_0 + 1)h_0, T) \times \tilde{\Omega}_{h_0}.$$

Now we shall describe our main results:

**Theorem 1.1** (Weak Harnack inequality, parabolic regime) *Let  $u_h$  be a weak solution of (1.1). If  $u_h$  is nonnegative in a cube  $C_r^+(t_{n_0}, x_0) \subset Q$  with  $r^2 > h$ , then, for any  $0 < p < 1 + 2/m$ , there exists a positive constant  $\gamma$  depending only on  $\lambda, \mu, m$  and  $p$  such that*

$$(1.10) \quad \left( \frac{1}{|C_{\sqrt{h_r h}/2}^-(t_{n_0} - \tilde{n}_r, x_0)|} \iint_{C_{\sqrt{h_r h}/2}^-(t_{n_0} - \tilde{n}_r, x_0)} (u_h)^p dx dt \right)^{1/p} \leq \gamma \inf_{C_{\sqrt{h_r h}/2}^+(t_{n_0}, x_0)} u_h.$$

**Theorem 1.2** (Weak Harnack inequality, elliptic regime) *Let  $u_h$  be a weak solution of (1.1) satisfying*

$$\iint_Q (u_h)^2 dx dt \leq \gamma_1$$

*with a uniform constant  $\gamma_1$ . If  $u_n \geq 0$  ( $N_0 + 1 \leq n \leq N$ ) in  $B_{2r}(x_0) \subset \tilde{\Omega}_{h_0}$  with  $r^2 \leq h$ , then, for any  $0 < p < m/(m-2)$ , there exist positive constants  $\gamma$  and  $\alpha$ ,  $0 < \alpha < 1$ , depending only on  $\lambda, \mu, m, \gamma_1$  and  $\text{dist}(x_0, \partial\Omega)$  such that, for the same  $n$ ,  $N_0 + 1 \leq n \leq N$  as above, there holds*

$$(1.11) \quad \left( \frac{1}{|B_{r/2}|} \int_{B_{r/2}(x_0)} (u_n)^p dx \right)^{1/p} \leq \gamma \left[ \inf_{B_r(x_0)} u_n + r^\alpha \right].$$

**Theorem 1.3** (Local boundedness of solutions) *Let  $u_h$  be a weak solution of (1.1) satisfying*

$$\iint_Q (u_h)^2 dx dt \leq \gamma_1$$

with a uniform positive number  $\gamma_1$ . Then, for all  $(\bar{t}, \bar{x}) \in \bar{Q}_{h_0}$  with  $d = (1/4) \min \{|\bar{t} - N_0 h_0|^{1/2}, \text{dist}(\bar{x}, \partial\Omega)\}$  and any  $p > 1$ , there exist positive constants  $\gamma$  and  $\alpha$ ,  $0 < \alpha < 1$ , depending only on  $\lambda, \mu, \gamma_1, p$  and  $d$  such that, setting  $u_h^\pm = \max \{\pm u_h, 0\}$ ,

$$(1.12) \quad \sup_{C_{r/2}^+(t_{n_0}, x_0)} u_h^\pm \leq \gamma \left[ \left( \frac{1}{|C_r^+|} \iint_{C_r^+(t_{n_0}, x_0)} (u_h^\pm)^p dx dt \right)^{1/p} + r^\alpha \right]$$

holds for any  $(t_{n_0}, x_0) \in C_{d/2}^+(\bar{t}, \bar{x})$  and all  $0 < r < d/2$ .

We emphasize that the above theorems hold uniformly with respect to  $h$  and  $u_h$ .

This paper is arranged as follows: In Sect. 2 we shall derive the so-called Caccioppoli inequality for  $u_h^{p/2}$  ( $p \neq -1$ ). Here we use a special cut-off function with respect to time-variable  $t$ , which was introduced in the paper [6]. Section 3 is devoted to obtaining an estimate for  $\sup u_h$ . It seems impossible to obtain the boundedness of solutions of (1.1) only by Moser's iteration. Instead we exploit De Giorgi's iterative technique. In Sect. 4 we give a variation of John-Nirenberg estimate for a time-step function and estimate  $\log u_h$ , the most important and difficult step in our proof. In Sect. 5 we shall prove Theorem 1.1, 1.2 and 1.3 and also obtain Hölder estimates for weak solutions of (1.1).

## 2 Estimates for $u^p$

In this section we derive a Caccioppoli inequality analogous to Moser [11].

**Lemma 2.1** *Let  $u_h$  be a weak solution of (1.1) and let us take  $C_{\rho, \tau}^-(t_{n_0}, x_0)$ ,  $C_{\rho, \tau}^+(t_{n_0}, x_0) \subset Q$  arbitrarily. Then there exists a positive constant  $\gamma$  depending only on  $\lambda, \mu$  and  $m$  such that, if  $u_h$  is nonnegative in  $C_{\rho, \tau}^+(t_{n_0}, x_0)$  and  $u_{n_0 - [\tau/h] - 1} \geq 0$  in  $B_\rho(x_0)$ , then*

$$(2.1) \quad \begin{aligned} & \sup_{t_{n_0} - \tau(1 - \sigma_2) \leq t \leq t_{n_0}} \int_{B_{\rho(1 - \sigma_1)}(x_0)} (u_h + \varepsilon)^p(t, \cdot) dx \\ & + \iint_{C_{\rho(1 - \sigma_1), \tau(1 - \sigma_2)}^-(t_{n_0}, x_0)} |D(u_h + \varepsilon)^{p/2}|^2 dx dt \\ & \leq \gamma((\sigma_1 \rho)^{-2} + (\sigma_2 \tau)^{-1}) \iint_{C_{\rho, \tau}^+(t_{n_0}, x_0)} (u_h + \varepsilon)^p dx dt \end{aligned}$$

holds for any  $p < 0$ , all  $\sigma_1, \sigma_2 \in (0, 1)$  and any  $\varepsilon > 0$ . If  $u_h$  is nonnegative in  $C_{\rho, \tau}^-(t_{n_0}, x_0)$  and  $u_{n_0} \geq 0$  in  $B_\rho(x_0)$ ,

$$(2.2) \quad \begin{aligned} & \sup_{t_{n_0} \leq t \leq t_{n_0} + \tau(1 - \sigma_2)} \int_{B_{\rho(1 - \sigma_1)}(x_0)} (u_h + \varepsilon)^p(t, \cdot) dx \\ & + \iint_{C_{\rho(1 - \sigma_1), \tau(1 - \sigma_2)}^+(t_{n_0}, x_0)} |D(u_h + \varepsilon)^{p/2}|^2 dx dt \\ & \leq \gamma((\sigma_1 \rho)^{-2} + (\sigma_2 \tau)^{-1}) \iint_{C_{\rho, \tau}^-(t_{n_0}, x_0)} (u_h + \varepsilon)^p dx dt \end{aligned}$$

holds for any  $0 < p < 1$ , all  $\sigma_1, \sigma_2 \in (0, 1)$  and any  $\varepsilon > 0$ .

*Remark.* For  $p = 0$ , the above estimates are trivial.

*Proof.* In the arguments we omit writing a center point of  $B_\rho(x_0)$  or vertex of  $C_{\rho,\tau}^+(t_{n_0}, x_0)$ .

We demonstrate only the proof of (2.1). Let  $\eta \in C_0^\infty(B_\rho)$  be a cut-off function such that  $0 \leq \eta \leq 1$ ,  $\eta = 1$  on  $B_{\rho(1-\sigma_1)}$  and  $|D\eta| \leq 2(\sigma_1 \rho)^{-1}$ . Also we take some appropriate cut-off function  $\sigma(t)$  defined on  $[t_{n_0}-\tau, t_{n_0}]$ , the definition of which is given later. We remark that, since  $u_h(t, \cdot)$  is nonnegative in  $C_{\rho,\tau}^+$ ,  $(u_h(t, \cdot) + \varepsilon)^{p-1} \eta^2(\cdot) \sigma(t)$ ,  $p < 0$ ,  $\varepsilon > 0$ , is admissible as a test function in the identity (1.6) in  $C_{\rho,\tau}^+$ . Integrating the resulting inequality with respect to  $t$  in  $(t_{n_0}-\tau, t_{n_0}]$ , we have

$$\begin{aligned} & \iint_{C_{\rho,\tau}^+} \frac{u_h(t, \cdot) - u_h(t-h, \cdot)}{h} (u_h(t, \cdot) + \varepsilon)^{p-1} \eta^2(\cdot) \sigma(t) dx dt \\ & + \iint_{C_{\rho,\tau}^+} a^{\alpha\beta}(t, \cdot) D_\beta u_h(t, \cdot) D_\alpha [(u_h(t, \cdot) + \varepsilon)^{p-1} \eta^2(\cdot)] \sigma(t) dx dt = 0. \end{aligned}$$

Put  $v(t, \cdot) = u_h(t, \cdot) + \varepsilon$ , then the above becomes

$$\begin{aligned} (2.3) \quad & \iint_{C_{\rho,\tau}^+} \frac{v(t, \cdot) - v(t-h, \cdot)}{h} (v(t, \cdot))^{p-1} \eta^2(\cdot) \sigma(t) dx dt \\ & + \iint_{C_{\rho,\tau}^+} a^{\alpha\beta}(t, \cdot) D_\beta v(t, \cdot) D_\alpha [(v(t, \cdot))^{p-1} \eta^2(\cdot)] \sigma(t) dx dt = 0. \end{aligned}$$

Now we separately estimate each term in (2.3). To do so, we need to distinguish two cases.

*Case 1*  $\sigma_2 \tau > 3h$ . Then we take  $\sigma(t)$  as follows (see [6] or [7]):

$$\begin{aligned} \sigma(t) &= \sigma_n \quad \text{for } t_{n-1} < t \leq t_n \quad (1 \leq n \leq N) \\ (2.4) \quad \sigma_n &= \begin{cases} 1 & \text{for } n_0 - [(1-\sigma_2)\tau/h] \leq n \leq n_0, \\ \frac{n - n_0 + [\tau/h] - 1}{[\tau/h] - 1 - [(1-\sigma_2)\tau/h]} & \text{for } n_0 - [\tau/h] + 1 \leq n \leq n_0 - [(1-\sigma_2)\tau/h], \\ 0 & \text{for } n \leq n_0 - [\tau/h]. \end{cases} \end{aligned}$$

We first estimate the quotient term of (2.3). Using Young's inequality and noting that  $p < 1$  and  $p \neq 0$ , we have

$$(v(t, \cdot) - v(t-h, \cdot))(v(t, \cdot))^{p-1} \leq (v^p(t, \cdot) - v^p(t-h, \cdot))/p,$$

so that

$$\begin{aligned} & \iint_{C_{\rho,\tau}^+} \frac{v(t, \cdot) - v(t-h, \cdot)}{h} (v(t, \cdot))^{p-1} \eta^2(\cdot) \sigma(t) dx dt \\ & \leq \iint_{C_{\rho,\tau}^+} \frac{v^p(t, \cdot) - v^p(t-h, \cdot)}{ph} \eta^2(\cdot) \sigma(t) dx dt. \end{aligned}$$

By the definition of  $u$  and  $\sigma$ , the latter equals to

$$\begin{aligned}
 (2.5) \quad & \frac{1}{p} \sum_{n=n_0-[(1-\sigma_2)\tau/h]+1}^{n_0} \int_{B_\rho} (v_n^p - v_{n-1}^p) \eta^2 dx \\
 & + \frac{1}{p} \sum_{n=n_0-[\tau/h]+2}^{n=n_0-[(1-\sigma_2)\tau/h]} \int_{B_\rho} (v_n^p - v_{n-1}^p) \sigma_n \eta^2 dx \\
 & = \frac{1}{p} \int_{B_\rho} v_{n_0}^p \eta^2 dx - \frac{1}{p} \int_{B_\rho} v_{n_0-[(1-\sigma_2)\tau/h]}^p \eta^2 dx \\
 & + \frac{1}{p} \sum_{n=n_0-[\tau/h]+2}^{n=n_0-[(1-\sigma_2)\tau/h]} \int_{B_\rho} (v_n^p - v_{n-1}^p) \sigma_n \eta^2 dx.
 \end{aligned}$$

Since  $\sigma_{n_0-[\tau/h]+1}=0$ , we have,

$$\begin{aligned}
 & \frac{1}{p} \sum_{n=n_0-[\tau/h]+2}^{n=n_0-[(1-\sigma_2)\tau/h]} \int_{B_\rho} (v_n^p - v_{n-1}^p) \sigma_n \eta^2 dx \\
 & = \frac{1}{p} \sum_{n=n_0-[\tau/h]+2}^{n=n_0-[(1-\sigma_2)\tau/h]} \int_{B_\rho} (v_n^p \sigma_n - v_{n-1}^p \sigma_{n-1}) \eta^2 dx \\
 & - \frac{1}{p} \sum_{n=n_0-[\tau/h]+2}^{n=n_0-[(1-\sigma_2)\tau/h]} (\sigma_n - \sigma_{n-1}) \int_{B_\rho} v_{n-1}^p \eta^2 dx \\
 & = \frac{1}{p} \int_{B_\rho} v_{n_0-[(1-\sigma_2)\tau/h]}^p \eta^2 dx - \frac{1}{p} \sum_{n=n_0-[\tau/h]+2}^{n=n_0-[(1-\sigma_2)\tau/h]} (\sigma_n - \sigma_{n-1}) \int_{B_\rho} v_{n-1}^p \eta^2 dx.
 \end{aligned}$$

Noting that  $\sigma_n - \sigma_{n-1} \leq 3h/(\sigma_2 \tau)$  and  $p < 0$ , the latter is

$$\begin{aligned}
 (2.6) \quad & \leq \frac{1}{p} \int_{B_\rho} v_{n_0-[(1-\sigma_2)\tau/h]}^p \eta^2 dx - \frac{3}{p} (\sigma_2 \tau)^{-1} h \sum_{n=n_0-[\tau/h]+1}^{n=n_0-[(1-\sigma_2)\tau/h]-1} \int_{B_\rho} v_n^p \eta^2 dx \\
 & \leq \frac{1}{p} \int_{B_\rho} v_{n_0-[(1-\sigma_2)\tau/h]}^p \eta^2 dx - \frac{3}{p} (\sigma_2 \tau)^{-1} \int_{t_{n_0}-\tau}^{t_{n_0}} \int_{B_\rho} v^p \eta^2 dx dt.
 \end{aligned}$$

Substituting (2.6) into (2.5) gives that

$$\begin{aligned}
 (2.7) \quad & \iint_{C_{\rho,\tau}^+} \frac{v(t,\cdot) - v(t-h,\cdot)}{h} (v(t,\cdot))^{p-1} \eta^2(\cdot) \sigma(t) dx dt \\
 & \leq \frac{1}{p} \int_{B_\rho} v_{n_0}^p \eta^2 dx - \frac{3}{p} (\sigma_2 \tau)^{-1} \iint_{C_{\rho,\tau}^+} v^p \eta^2 dx dt.
 \end{aligned}$$

Next we shall deal with the term including spatial derivatives.

Noting that  $p < 1$  and using Young's inequality with  $\varepsilon = -\lambda(p-1)/\mu|p| > 0$ , we have

$$\begin{aligned}
 (2.8) \quad & \iint_{C_{\rho,\tau}^+} a^{\alpha\beta}(t,\cdot) D_\beta v(t,\cdot) D_\alpha [(v(t,\cdot))^{p-1} \eta^2(\cdot)] \sigma(t) dx dt \\
 &= \frac{4(p-1)}{p^2} \iint_{C_{\rho,\tau}^+} a^{\alpha\beta} D_\beta v^{p/2} D_\alpha v^{p/2} \eta^2 \sigma dx dt \\
 &\quad + \frac{4}{p} \iint_{C_{\rho,\tau}^+} a^{\alpha\beta} D_\beta v^{p/2} v^{p/2} \eta D_\alpha \eta \sigma dx dt \\
 &\leq \frac{4\lambda(p-1)}{p^2} \iint_{C_{\rho,\tau}^+} |D v^{p/2}|^2 \eta^2 \sigma dx dt + \frac{4}{p} \iint_{C_{\rho,\tau}^+} a^{\alpha\beta} D_\beta v^{p/2} v^{p/2} \eta D_\alpha \eta \sigma dx dt \\
 &\leq \left( \frac{4(p-1)}{p^2} \lambda + \frac{2\varepsilon}{|p|} \mu \right) \iint_{C_{\rho,\tau}^+} |D v^{p/2}|^2 \eta^2 \sigma dx dt \\
 &\quad + \frac{2\mu}{|p|\varepsilon} \iint_{C_{\rho,\tau}^+} (v^{p/2})^2 |D \eta|^2 \sigma dx dt \\
 &\leq \frac{2\lambda(p-1)}{p^2} \iint_{C_{\rho,\tau}^+} |D v^{p/2}|^2 \eta^2 \sigma dx dt - \frac{2\mu^2}{\lambda(p-1)} \iint_{C_{\rho,\tau}^+} v^p |D \eta|^2 \sigma dx dt.
 \end{aligned}$$

Combining (2.8) with (2.7) gives that

$$\begin{aligned}
 & \frac{1}{p} \int_{B_\rho} v_{n_0}^p \eta^2 dx - \frac{3}{p} (\sigma_2 \tau)^{-1} \iint_{C_{\rho,\tau}^+} v^p \eta^2 dx dt \\
 & \quad + \frac{2\lambda(p-1)}{p^2} \iint_{C_{\rho,\tau}^+} |D v^{p/2}|^2 \eta^2 \sigma dx dt - \frac{2\mu^2}{\lambda(p-1)} \iint_{C_{\rho,\tau}^+} v^p |D \eta|^2 \sigma dx dt \geq 0.
 \end{aligned}$$

From this inequality, it follows that

$$(2.9) \quad \frac{1}{p} \int_{B_\rho} v_{n_0}^p \eta^2 dx \geq \frac{3}{p} (\sigma_2 \tau)^{-1} \iint_{C_{\rho,\tau}^+} v^p \eta^2 dx dt + \frac{2\mu^2}{\lambda(p-1)} \iint_{C_{\rho,\tau}^+} v^p |D \eta|^2 \sigma dx dt,$$

$$\begin{aligned}
 (2.10) \quad & \frac{2\lambda(p-1)}{p^2} \iint_{C_{\rho,\tau}^+} |D v^{p/2}|^2 \eta^2 \sigma dx dt \\
 & \geq \frac{3}{p} (\sigma_2 \tau)^{-1} \iint_{C_{\rho,\tau}^+} v^p \eta^2 dx dt + \frac{2\mu^2}{\lambda(p-1)} \iint_{C_{\rho,\tau}^+} v^p |D \eta|^2 \sigma dx dt.
 \end{aligned}$$

Dividing the both sides of (2.9) and (2.10) by  $1/p < 0$  and  $2\lambda(p-1)/p^2 < 0$  respectively, we obtain

$$(2.11) \quad \int_{B_\rho} v_{n_0}^p \eta^2 dx \leq 3(\sigma_2 \tau)^{-1} \iint_{C_{\rho,\tau}^+} v^p \eta^2 dx dt + \frac{2\mu^2 p}{\lambda(p-1)} \iint_{C_{\rho,\tau}^+} v^p |D \eta|^2 \sigma dx dt,$$

$$\begin{aligned}
 (2.12) \quad & \iint_{C_{\rho,\tau}^+} |D v^{p/2}|^2 \eta^2 \sigma dx dt \\
 & \leq \frac{3p(\sigma_2 \tau)^{-1}}{2\lambda(p-1)} \iint_{C_{\rho,\tau}^+} v^p \eta^2 dx dt + \left( \frac{\mu p}{\lambda(p-1)} \right)^2 \iint_{C_{\rho,\tau}^+} v^p |D \eta|^2 \sigma dx dt.
 \end{aligned}$$



Noting that  $p-1 < p < 0$ , (2.11) and (2.12) become, respectively,

$$(2.13) \quad \int_{B_\rho} v_{n_0}^p \eta^2 dx \leq \max \left( 3, \frac{8\mu^2}{\lambda} \right) ((\sigma_1 \rho)^{-2} + (\sigma_2 \tau)^{-1}) \iint_{C_{\rho,\tau}^+} v^p dx dt,$$

$$(2.14) \quad \iint_{C_{\rho,\tau}^+} |D v^{p/2}|^2 \eta^2 \sigma dx dt \leq \max \left( \frac{3}{2\lambda}, \frac{4\mu^2}{\lambda} \right) ((\sigma_1 \rho)^{-2} + (\sigma_2 \tau)^{-1}) \iint_{C_{\rho,\tau}^+} v^p dx dt.$$

Estimating similarly as in (2.13), for  $n_0 - [(1-\sigma_2)\tau/h] \leq n \leq n_0$  we obtain

$$(2.15) \quad \int_{B_\rho} v_n^p \eta^2 dx \leq \max \left( 3, \frac{8\mu^2}{\lambda} \right) ((\sigma_1 \rho)^{-2} + (\sigma_2 \tau)^{-1}) \iint_{C_{\rho,\tau}^+} v^p dx dt.$$

Thus we have

$$(2.16) \quad \sup_{t_{n_0} - (1-\sigma_2)\tau \leq t \leq t_{n_0}} \int_{B_\rho} v^p(t, \cdot) \eta^2(\cdot) dx \\ \leq \max \left( 3, \frac{8\mu^2}{\lambda} \right) ((\sigma_1 \rho)^{-2} + (\sigma_2 \tau)^{-1}) \iint_{C_{\rho,\tau}^+} v^p dx dt.$$

Next we shall consider the *Case 2*  $\sigma_2 \tau \leq 3h$ . Then we put  $\sigma(t)$  as  $\sigma \equiv 1$  on  $[t_{n_0} - \tau, t_{n_0}]$ , so that we have (2.3) with  $\sigma \equiv 1$ . Let's remark that since  $u_h$  is nonnegative in  $C_{\rho,\tau}^+$  and  $u_{n_0 - [\tau/h] - 1} \geq 0$  in  $B_\rho$ ,  $v = u_h + \varepsilon$  is also nonnegative in  $C_{\rho,\tau}^+$  and  $v_{n_0 - [\tau/h] - 1} = u_{n_0 - [\tau/h] - 1} + \varepsilon \geq 0$  in  $B_\rho$ . Thus

$$\iint_{C_{\rho,\tau}^+} \frac{v(t, \cdot) - v(t-h, \cdot)}{h} (v(t, \cdot))^{p-1} \eta^2(\cdot) \sigma(t) dx dt \\ = \iint_{C_{\rho,\tau}^+} \frac{v^p(t, \cdot) - v^{p-1}(t, \cdot) v(t-h, \cdot)}{h} \eta^2(\cdot) dx dt \leq \frac{1}{h} \iint_{C_{\rho,\tau}^+} v^p(t, \cdot) \eta^2(\cdot) dx,$$

so that, with  $\varepsilon = -\lambda(p-1)/\mu|p| (>0)$  and  $\sigma_2 \tau < 3h$ , from (2.3), (2.8) we obtain

$$\frac{3}{\sigma_2 \tau} \iint_{C_{\rho,\tau}^+} v^p(t, \cdot) \eta^2(\cdot) dx dt + \frac{2\lambda(p-1)}{p^2} \iint_{C_{\rho,\tau}^+} |D v^{p/2}|^2 \eta^2 dx dt \\ + \frac{2\mu^2}{\lambda(1-p)} \iint_{C_{\rho,\tau}^+} v^p |D \eta|^2 dx dt \geq 0.$$

That is, we have

$$(2.17) \quad \frac{2\lambda(1-p)}{p^2} \iint_{C_{\rho,\tau}^+} |D v^{p/2}|^2 \eta^2 dx dt \\ \leq \frac{3}{\sigma_2 \tau} \iint_{C_{\rho,\tau}^+} v^p(t, \cdot) \eta^2(\cdot) dx dt + \frac{2\mu^2}{\lambda(1-p)} \iint_{C_{\rho,\tau}^+} v^p |D \eta|^2 dx dt.$$

Dividing the both side of (2.17) by  $2\lambda(1-p)/p^2 (>0)$ , we have

(2.18)

$$\iint_{C_{\rho,\tau}^+} |D v^{p/2}|^2 \eta^2 dx dt \leq \max\left(\frac{3}{2\lambda}, \frac{4\mu^2}{\lambda^2}\right) ((\sigma_1 \rho)^{-2} + (\sigma_2 \tau)^{-1}) \iint_{C_{\rho,\tau}^+} v^p(t, \cdot) dx dt.$$

Moreover, trivially, for  $\sigma_2 \tau \leq 3h$  and  $n_0 - [(1 - \sigma_2)\tau/h] \leq n \leq n_0$ , there holds

$$(2.19) \quad \int_{B_{\rho(1-\sigma_1)}} v_h^p dx \leq 3(\sigma_2 \tau)^{-1} \iint_{C_{\rho,\tau}^+} v^p dx dt.$$

The proof of (2.2) is similar and can be omitted.

**Lemma 2.2** *Let  $u_h$  be a weak solution of (1.1). If  $u_h \geq 0$  in  $C_{\rho_0, \tau_0}^+(t_{n_0}, x_0) \subset Q$  and  $u_{n_0 - [\tau_0/h] - 1} \geq 0$  in  $B_{\rho_0}(x_0)$ , then there exists a positive constant  $\gamma$  depending only on  $\lambda, \mu$  and  $m$  such that*

$$(2.20) \quad \left( \frac{1}{|C_{\rho_0, \tau_0}^+|} \iint_{C_{\rho_0, \tau_0}^+(t_{n_0}, x_0)} u_h^p(t, x) dt dx \right)^{1/p} \leq \gamma (2 + \rho_0^{-2} \tau_0)^{-p^{-1}(2+m/2)} \inf_{(t, x) \in C_{\rho_0/2, \tau_0/2}^+(t_{n_0}, x_0)} u_h(t, x)$$

holds for any  $p < 0$ . If  $u_h \geq 0$  in  $C_{\rho_0, \tau_0}^-(t_{n_0}, x_0) \subset Q$  and  $u_{n_0} \geq 0$  in  $B_{\rho_0}(x_0)$ , then, for any  $0 < p < 1 + 2/m$ , there exists a positive constant  $\gamma$  depending only on  $\lambda, \mu, m$  and  $p$  such that

$$(2.21) \quad \left( \frac{1}{|C_{\rho_0/2, \tau_0/2}^-|} \iint_{C_{\rho_0/2, \tau_0/2}^-(t_{n_0}, x_0)} u_h^p(t, x) dt dx \right)^{1/p} \leq \gamma \left( \frac{1}{|C_{\rho_0, \tau_0}^-|} \iint_{C_{\rho_0, \tau_0}^-(t_{n_0}, x_0)} u_h^q(t, x) dt dx \right)^{1/q}$$

holds for any  $0 < q < p$ .

*Proof.* We proceed by iteration as in [9, pp. 105–110]. We here remark only the following. Making a changing of variables:

$$(2.22) \quad \begin{cases} x - x_0 = \rho_0 y, \\ t - t_{n_0} = \rho_0^2 s \end{cases}$$

and putting

$$\tilde{u}_h(s, y) = u_h(t_{n_0} + \rho_0^2 s, x_0 + \rho_0 y),$$

we find that, for any  $s, -\tau_0 \leq \rho_0^2 s \leq 0$ , and all  $\varphi = (\varphi^i) \in W_{2,0}^1(B_1)$   $\tilde{u}_h$  satisfies

$$(2.23) \quad \int_{B_1} \frac{\tilde{u}_h(s, \cdot) - \tilde{u}_h(s - h/\rho_0^2, \cdot)}{h/\rho_0^2} \varphi dy + \int_{B_1} \tilde{a}^{\alpha\beta}(s, \cdot) D_\beta \tilde{u}_h(s, \cdot) D_\alpha \varphi dy = 0.$$

Thus, noticing that  $\tilde{u}_{n_0 - [\tau_0/h] - 1} \geq 0$  in  $B_1$ , from (2.1) it follows that

$$(2.24) \quad \begin{aligned} & \sup_{\tilde{\tau}(1-\sigma_2) \leq t \leq 0} \int_{B_{\rho(1-\sigma_1)}} (\tilde{u}_h + \varepsilon)^p(t, \cdot) dy \\ & + \iint_{C_{\rho(1-\sigma_1), \rho(1-\sigma_2)}^+} |D(\tilde{u}_h + \varepsilon)^{p/2}|^2 dy ds \\ & \leq \gamma((\sigma_1 \tilde{\rho})^{-2} + (\sigma_2 \tilde{\tau})^{-1}) \iint_{C_{\rho, \tau}^+} (\tilde{u}_h + \varepsilon)^2 dy ds \end{aligned}$$

holds for  $0 < \tilde{\rho} < 1$ ,  $0 < \tilde{\tau} < \theta = \rho_0^{-2} \tau_0$ ,  $\sigma_1, \sigma_2 \in (0, 1)$ , all  $p < 0$  and for any  $\varepsilon > 0$ .

**Lemma 2.3** *Let  $u_h$  be a weak solution of (1.1). Then there exists a positive constant  $\gamma$  depending only on  $\lambda, \mu$  and  $m$  such that, setting  $u_h^\pm = \max\{\pm u_h, 0\}$ ,*

$$(2.25) \quad \begin{aligned} & \sup_{t_{n_0} - \tau(1-\sigma_2) \leq t \leq t_{n_0}} \int_{B_{\rho(1-\sigma_1)}(x_0)} (u_h^\pm)^p(t, \cdot) dx \\ & + \iint_{C_{\rho(1-\sigma_1), \tau(1-\sigma_2)}^+(t_{n_0}, x_0)} |D(u_h^\pm)^{p/2}|^2 dx dt \\ & \leq \gamma \frac{p}{p-1} \left(1 + \frac{p}{p-1}\right) \{((\sigma_1 \rho)^{-2} + (\sigma_2 \tau)^{-1}) \iint_{C_{\rho, \tau}^+(t_{n_0}, x_0)} (u_h^\pm)^p dx dt \\ & + (\sigma_2 \tau)^{-1} \iint_{C_{\rho, \tau}^+(t_{n_0}, x_0)} |u_h|^p(t-h, \cdot) dx dt\} \end{aligned}$$

holds for all  $1 < p \leq m+2$ , any  $C_{\rho, \tau}^+(t_{n_0}, x_0) \subset \tilde{Q}_{h_0}$  and all  $\sigma_1, \sigma_2 \in (0, 1)$ .

*Proof.* Let  $\eta \in C_0^\infty(B_\rho)$  satisfying  $\eta = 1$  on  $B_{\rho(1-\sigma_1)}$ ,  $|D\eta| \leq 2/(\sigma_1 \rho)$  and  $\sigma$  be some function defined on  $[t_{n_0} - \tau, t_{n_0}]$ , the definition of which is given later. At first, we consider the case  $1 < p \leq 2$ . Then we remark that  $(u_h^\pm(t, \cdot) + \varepsilon)^{p-1} \eta^2(\cdot) \sigma(t)$  belongs to  $W_{2,0}^1(B_\rho)$  for any  $\varepsilon > 0$  and  $t \in [t_{n_0} - \tau, t_{n_0}]$ . Testing the identity (1.6) by the function  $(u_h^\pm(t, \cdot) + \varepsilon)^{p-1} \eta^2(\cdot) \sigma(t)$  and integrating the resulting equality with respect to  $t$  in  $(t_{n_0} - \tau, t_{n_0}]$ , we have

$$(2.26) \quad \begin{aligned} & \iint_{C_{\rho, \tau}^+} \frac{\pm u_h(t, \cdot) - \pm u_h(t-h, \cdot)}{h} (u_h^\pm(t, \cdot) + \varepsilon)^{p-1} \eta^2(\cdot) \sigma(t) dx dt \\ & + \iint_{C_{\rho, \tau}^+} a^{\alpha\beta}(t, \cdot) D_\beta(\pm u_h(t, \cdot)) D_\alpha[(u_h^\pm(t, \cdot) + \varepsilon)^{p-1} \eta^2(\cdot)] \sigma(t) dx dt = 0. \end{aligned}$$

Now we put

$$v = u_h^\pm.$$

Noting that, in the set  $\{\pm u_h > 0\}$

$$\pm u_h(t, \cdot) - (\pm u_h(t-h, \cdot)) \geq v(t, \cdot) - v(t-h, \cdot),$$

we obtain from (2.26)

$$\begin{aligned} & \iint_{C_{\rho,\tau}^+} \frac{v(t,\cdot) + \varepsilon - (v(t-h,\cdot) + \varepsilon)}{h} (v(t,\cdot) + \varepsilon)^{p-1} \eta^2(\cdot) \sigma(t) dx dt \\ & + 4(p-1)/p^2 \iint_{C_{\rho,\tau}^+} a^{\alpha\beta} D_\beta(v(t,\cdot) + \varepsilon)^{p/2} D_\alpha(v(t,\cdot) + \varepsilon)^{p/2} \eta^2 \sigma dx dt \\ & + 4/p \iint_{C_{\rho,\tau}^+} a^{\alpha\beta} D_\beta(v(t,\cdot) + \varepsilon)^{p/2} (v(t,\cdot) + \varepsilon)^{p/2} \eta D_\alpha \eta \sigma dx dt \\ & + \varepsilon^{p-1} \iint_{C_{\rho,\tau}^+ \cap \{\pm u_h \leq 0\}} \frac{\pm u_h(t,\cdot)}{h} \eta^2(\cdot) \sigma(t) dx dt \leq 0. \end{aligned}$$

If  $\sigma_2 \tau > 3h$ , then we are able to proceed as in the case  $p < 0$  in the proof of Lemma 2.1. Taking  $\sigma(t)$  as in (2.4) in the proof of Lemma 2.1, we conclude that, for  $n_0 - [(1 - \sigma_2)\tau/h] \leq n \leq n_0$

$$\begin{aligned} (2.27) \quad & \int_{B_\rho} (v_n + \varepsilon)^p \eta^2 dx + \varepsilon^{p-1} \iint_{C_{\rho,\tau}^+ \cap \{\pm u_h \leq 0\}} \frac{\pm u_h(t,\cdot)}{h} \eta^2(\cdot) \sigma(t) dx dt \\ & \leq \max\left(3, \frac{8\mu^2}{\lambda}\right) ((\sigma_1 \rho)^{-2} + (\sigma_2 \tau)^{-1}) \iint_{C_{\rho,\tau}^+} (v + \varepsilon)^p dx dt \end{aligned}$$

and that

$$\begin{aligned} (2.28) \quad & \iint_{C_{\rho,\tau}^+} |D(v + \varepsilon)^{p/2}|^2 \eta^2 \sigma dx dt + \varepsilon^{p-1} \iint_{C_{\rho,\tau}^+ \cap \{\pm u_h \leq 0\}} \frac{\pm u_h(t,\cdot)}{h} \eta^2(\cdot) \sigma(t) dx dt \\ & \leq \max\left(3, \frac{8\mu^2}{\lambda}\right) ((\sigma_1 \rho)^{-2} + (\sigma_2 \tau)^{-1}) \iint_{C_{\rho,\tau}^+} (v + \varepsilon)^p dx dt. \end{aligned}$$

If  $\sigma_2 \tau \leq 3h$ , we let  $\sigma \equiv 1$  on  $[t_{n_0} - \tau, t_{n_0}]$  and argue again as in the proof of (2.1). Using Young's inequality and noting that  $h^{-1} \leq 3(\sigma_2 \tau)^{-1}$ , we have, for the quotient term,

$$\begin{aligned} & \iint_{C_{\rho,\tau}^+} \frac{\pm u_h(t,\cdot) + \varepsilon - (\pm u(t-h,\cdot) + \varepsilon)}{h} (u^\pm(t,\cdot) + \varepsilon)^{p-1} \eta^2(\cdot) dx dt \\ & \geq \frac{1}{p} \iint_{C_{\rho,\tau}^+} \frac{(v(t,\cdot) + \varepsilon)^p - |\pm u(t-h,\cdot) + \varepsilon|^p}{h} \eta^2(\cdot) dx dt \\ & \geq -\frac{3}{p} (\sigma_2 \tau)^{-1} \iint_{C_{\rho,\tau}^+} |v(t-h,\cdot) + \varepsilon|^p \eta^2(\cdot) dx dt. \end{aligned}$$

Calculations similar to (2.28) give that

$$\begin{aligned} (2.29) \quad & \iint_{C_{\rho,\tau}^+} |D(v + \varepsilon)^{p/2}|^2 \eta^2 dx dt \\ & + \frac{p^2}{2\lambda(p-1)} \varepsilon^{p-1} \iint_{C_{\rho,\tau}^+ \cap \{\pm u_h \leq 0\}} \frac{\pm u_h(t,\cdot)}{h} \eta^2(\cdot) dx dt \\ & \leq \frac{\mu^2 p^2}{\lambda^2 (p-1)^2} \iint_{C_{\rho,\tau}^+} (v + \varepsilon)^p |D\eta|^2 dx dt \\ & + \frac{3p(\sigma_2 \tau)^{-1}}{2\lambda(p-1)} \iint_{C_{\rho,\tau}^+} |v(t-h,\cdot) + \varepsilon|^p \eta^2 dx dt. \end{aligned}$$

Also we remark that the calculation yielding (2.19) is justified in this case since  $v + \varepsilon = u_h^\pm + \varepsilon \geq 0$ .

Finally letting  $\varepsilon$  tend to 0 in (2.27), (2.28) and (2.29), by Fatou's lemma, we obtain (2.25) for  $1 < p \leq 2$ .

Next we deal with the case  $p > 2$ . Remark that  $[(u_h^\pm(t, \cdot))^{(M)}]^{p-1} \eta^2(\cdot) \sigma(t)$  is admissible as a test function in the identity (1.1) for any  $t \in [t_{n_0} - \tau, t_{n_0}]$  and  $M > 0$ , where  $v^{(M)}$  is defined as

$$v^{(M)} = \begin{cases} M & v \geq M, \\ v & v < M, \end{cases}$$

and  $\eta(\cdot)$  and  $\sigma$  are as above. Arguing as above, for  $\sigma_2 \tau > 3h$  we obtain the following estimate for  $t_{n_0} - (1 - \sigma_2)\tau \leq t \leq t_{n_0}$

$$\begin{aligned} (2.30) \quad & \int_{B_\rho(x_0)} v(t, \cdot) (v^{(M)})^{p-1}(t, \cdot) \eta^2 dx \\ & + \frac{4(p-1)}{p^2} \iint_{C_{\rho, \tau}^+} a^{\alpha\beta} D_\beta (v^{(M)})^{p/2} D_\alpha (v^{(M)})^{p/2} \eta^2 \sigma dx dt \\ & + 2 \iint_{C_{\rho, \tau}^+} a^{\alpha\beta}(t, \cdot) D_\beta v (v^{(M)})^{p-1} \eta D_\alpha \eta \sigma dx dt \\ & \leq 3(\sigma_2 \tau)^{-1} \iint_{C_{\rho, \tau}^+} v (v^{(M)})^{p-1} \eta^2 dx dt + \frac{p-1}{p} \int_{B_\rho(x_0)} (v^{(M)})^p(t, \cdot) \eta^2 dx \\ & + \frac{3(p-1)}{p} (\sigma_2 \tau)^{-1} \iint_{C_{\rho, \tau}^+} (v^{(M)})^p(t, \cdot) \eta^2(\cdot) dx dt. \end{aligned}$$

Similarly, if  $\sigma_2 \tau \leq 3h$ , we deduce that, for  $t_{n_0} - \tau(1 - \sigma_2) \leq t \leq t_{n_0}$ ,

$$\begin{aligned} (2.31) \quad & \int_{B_\rho} (v^{(M)})^p(t, \cdot) \eta^2 dx - 3(\sigma_2 \tau)^{-1} \iint_{C_{\rho, \tau}^+} (v^{(M)})^p dx dt \\ & + \frac{4(p-1)}{p^2} \iint_{C_{\rho, \tau}^+} a^{\alpha\beta}(t, \cdot) D_\beta (v^{(M)})^{p/2} D_\alpha (v^{(M)})^{p/2} \eta^2(\cdot) \sigma(t) dx dt \\ & + 2 \iint_{C_{\rho, \tau}^+} a^{\alpha\beta}(t, \cdot) D_\beta v (v^{(M)})^{p-1} \eta D_\alpha \eta(\cdot) \sigma(t) dx dt \\ & - \frac{3}{p} (\sigma_2 \tau)^{-1} \iint_{C_{\rho, \tau}^+} |u_h|^p(t-h, \cdot) \eta^2(\cdot) dx dt \leq 0, \end{aligned}$$

where note (2.19).

As a result we obtain that (2.30) and (2.31) are valid in a case of  $\sigma_2 \tau > 3h$  and  $\sigma_2 \tau \leq 3h$ , respectively.

Now, since by Young's inequality

$$\begin{aligned} (2.32) \quad & \left| \iint_{C_{\rho, \tau}^+} a^{\alpha\beta} D_\beta v (v^{(M)})^{p-1} \eta D_\alpha \eta dx dt \right| \\ & \leq \frac{1}{p} \mu \iint_{C_{\rho, \tau}^+} |D(v^{(M)})^{p/2}|^2 \eta^2 dx dt + \frac{1}{p} \mu \iint_{C_{\rho, \tau}^+} (v^{(M)})^p |D\eta|^2 dx dt, \end{aligned}$$

we are able to pass  $M$  to the limit in (2.30) and (2.31) if  $p=2$ . From it, we obtain that, for any  $t_{n_0} - (1 - \sigma_2)\tau \leq t \leq t_{n_0}$ ,

$$(2.33) \quad \frac{1}{2} \int_{B_\rho} v^2(t, \cdot) \eta^2 dx + \frac{\lambda}{2} \iint_{C_{\rho, \tau}^+} |Dv|^2 \eta^2(\cdot) \sigma(t) dx dt \\ \leq 3(\sigma_2 \tau)^{-1} \iint_{C_{\rho, \tau}^+} v^2 \eta^2 dx dt + \frac{3}{2} (\sigma_2 \tau)^{-1} \iint_{C_{\rho, \tau}^+} |u_h|^2(t-h, \cdot) \eta(\cdot) dx dt \\ + \frac{2\mu^2}{\lambda} \iint_{C_{\rho, \tau}^+} v^2 |D\eta|^2 dx dt.$$

Then Sobolev's type inequality (see [9, p. 76]) implies that  $v \in L_{\text{loc}}^{2(1+2/m)}$ . Noting (2.32) again, we can pass to the limit in (2.30) and (2.31) for  $2 < p \leq 2(1+2/m)$  respectively. Repeating the above procedure inductively, we deduce that, for any  $t_{n_0} - (1 - \sigma_2)\tau \leq t \leq t_{n_0}$  and all  $2 < p \leq m+2$ ,

$$(2.34) \quad \frac{1}{p} \int_{B_\rho} v^p(t, \cdot) \eta^2 dx - 3(\sigma_2 \tau)^{-1} \iint_{C_{\rho, \tau}^+} v^p \eta^2 dx dt \\ + \frac{4(p-1)}{p^2} \iint_{C_{\rho, \tau}^+} a^{\alpha\beta}(t, \cdot) D_\beta v^{p/2} D_\alpha v^{p/2} \eta^2 \sigma dx dt \\ + 2 \iint_{C_{\rho, \tau}^+} a^{\alpha\beta}(t, \cdot) D_\beta v v^{p-1} \eta D_\alpha \eta \sigma dx dt \\ - \frac{3}{p} (\sigma_2 \tau)^{-1} \iint_{C_{\rho, \tau}^+} |u_h|^p(t-h, \cdot) \eta(\cdot) dx dt \leq 0.$$

We conclude from (2.34) that

$$\frac{1}{p} \int_{B_\rho} v^p(t, \cdot) \eta^2 dx + \frac{2\lambda(p-1)}{p^2} \iint_{C_{\rho, \tau}^+} |Dv^{p/2}|^2 \eta^2(\cdot) \sigma(t) dx dt \\ \leq \frac{3}{\sigma_2 \tau} \iint_{C_{\rho, \tau}^+} v^p \eta^2 dx dt + \frac{2\mu^2}{\lambda(p-1)} \iint_{C_{\rho, \tau}^+} v^p |D\eta|^2 dx dt \\ + \frac{3}{p\sigma_2 \tau} \iint_{C_{\rho, \tau}^+} |u_h|^p(t-h, \cdot) \eta(\cdot) dx dt$$

for any  $C_{\rho, \tau}^+(t_{n_0}, x_0) \subset \tilde{Q}_{h_0}$  and all  $2 < p \leq m+2$ , as claimed.

### 3 Bounds for weak solutions

Now we prove boundedness for weak solutions of (1.1). Recall the following Caccioppoli inequality analogous to De Giorgie (see [9]).

**Lemma 3.1** *Let  $u_h$  be a weak solution of (1.1). Then, there exists a positive constant  $\gamma$  depending only on  $\lambda, \mu$  and  $m$  such that, setting  $v_h = \pm u_h$ ,*

$$\begin{aligned}
 (3.1) \quad & \sup_{t_{n_0} - \tau(1 - \sigma_2) \leq t \leq t_{n_0}} \int_{B_{\rho(1 - \sigma_1)}(x_0)} [(v_h - k)^+]^p dx \\
 & + \iint_{C_{\rho(1 - \sigma_1), \tau(1 - \sigma_2)}^+(t_{n_0}, x_0)} |D[(v_h - k)^+]^{p/2}|^2 dx dt \\
 & \leq \gamma((\sigma_1 \rho)^{-2} + (\sigma_2 \tau)^{-1}) \iint_{C_{\bar{\rho}, \tau}^-} [(v_h - k)^+]^p dx dt \\
 & + \frac{1}{p} (\sigma_2 \tau)^{-1} \left( \iint_{C_{\rho, \tau}^+(t_{n_0}, x_0)} |v_h|^q dx dt \right)^{p/q} |C_{\rho, \tau}^+(t_{n_0}, x_0) \cap \{v_h > k\}|^{1 - p/q}
 \end{aligned}$$

holds for any  $k \geq 0$ ,  $\sigma_1, \sigma_2 \in (0, 1)$ ,  $C_{\rho, \tau}^+(t_{n_0}, x_0) \subset Q$ , all  $p \leq q \leq (m+2)(1+2/m)$  and all  $1 < p \leq 2$ .

By Lemma 3.1 and an iterative procedure as in [9, p. 105] we obtain the boundedness of weak solutions of (1.1).

**Lemma 3.2** *Let  $u_h$  be a weak solution of (1.1). Then, for any  $1 < p \leq 2$ , there exists a positive constant  $\gamma$  depending only on  $\lambda, \mu, m$  and  $p$  such that, setting  $v_h = \pm u_h$ ,*

$$\begin{aligned}
 (3.2) \quad & \sup_{C_{\rho_0/2, \tau_0/2}^+(t_{n_0}, x_0)} v_h \leq \gamma \left\{ \left( \frac{1}{|C_{\rho_0, \tau_0}^+|} \iint_{C_{\rho_0, \tau_0}^+(t_{n_0}, x_0)} (v_h)^p dx dt \right)^{1/p} (1 + \tau_0^{-\frac{1}{2}} \rho_0)^{1/p} \right. \\
 & \left. + \left( \frac{1}{|C_{\rho_0, \tau_0}^+|} \iint_{C_{\rho_0, \tau_0}^+(t_{n_0}, x_0)} (v_h)^q dx dt \right)^{1/q} \right\}
 \end{aligned}$$

holds for any  $C_{\rho_0, \tau_0}^+(t_{n_0}, x_0) \subset \tilde{Q}_{h_0}$  and all  $p \leq q \leq (m+2)(1+2/m)$ .

#### 4 Estimates for $\log u_h$

Recall the John-Nirenberg estimate [4]:

**Lemma 4.1** *Let  $v$  be an integrable function in a cube  $B_1$  and assume that there is a positive constant  $\kappa$  such that, for every parallel subcube  $B \subset B_1$ , we have*

$$\frac{1}{|B|} \int_B |v - \bar{v}_B| dx \leq \kappa.$$

*Then there exist positive constants  $a$  and  $\alpha$  depending only on  $m$  such that*

$$(4.1) \quad |\{x \in B_1 : |v - \bar{v}_{B_1}| \geq \sigma\}| \leq e^{a\sigma} e^{-\alpha\sigma\kappa^{-1}} |B_1|$$

holds for every  $\sigma > 0$ .

In the following, let  $\varphi$  be the function defined by  $\varphi(s) = \begin{cases} \sqrt{s}, & s > 0, \\ 0, & s \leq 0. \end{cases}$  The following lemma is a variation of the John-Nirenberg estimate for the step function in a time variable.

**Lemma 4.2** *Let  $v = v_h$  be a time-step function defined as in (1.4) and suppose that  $v$  satisfies the following relations in a cube  $C_R^+(\bar{t}, \bar{x}) \subset Q$  with uniform positive constants  $\gamma$  and  $\kappa$ :*

$$\frac{1}{|C_r^+||C_r^-|} \iint_{(t', x') \in C_r^+} \iint_{(t, x) \in C_r^-} \varphi(v(t', x') - v(t, x)) dx dt dx' dt' \leq \gamma$$

for all pairs  $C_r^+$  and  $C_r^-$  in  $C_R^+(\bar{t}, \bar{x})$  with  $3r^2 > h$  and

$$|\{x \in B_r(x_0) : |v_n(x) - \overline{(v_n)}_{B_r(x_0)}| > \sigma\}| \leq e^{a\sigma} e^{-\alpha\sigma\kappa^{-1}} |B_r|$$

for any  $r \leq \sqrt{h/3}$ , all  $x_0 \in B_R(\bar{x})$  and any  $[(\bar{t} - R^2)/h] \leq n \leq [\bar{t}/h] + 1$ . Then there exists a positive constant  $\xi$  independent of  $h$  and  $v$  such that

$$(4.2) \quad \frac{1}{|C_{R, R^2/2}^+||C_{R, R^2/2}^-|} \iint_{(t', x') \in C_{R, R^2/2}^+(\bar{t}, \bar{x})} \iint_{(t, x) \in C_{R, R^2/2}^-(\bar{t} - 2R^2, \bar{x})} \Psi(v(t', x') - v(t, x)) dx dt dx' dt' \leq 1,$$

where  $\Psi(s) = \gamma^{-1} e^{\xi s}$ .

*Proof.* We proceed similarly as in the proof of the main lemma in [11] and use the notations in [11]. Now we show a variation of Lemma 4 in [11] for a step-function in a time variable:

Take  $\varepsilon < \min\{[(\delta - \gamma)/8]^{1+m/2}/2, (1 - \delta)/5\}$ .

Suppose that there exist constants  $s_1(\varepsilon) > 0$  and  $\varphi_v$  for each  $C_v \subset C_0$ , of which the height is greater than  $h$ , or which is included in a time-interval, such that

$$\frac{|\{(t, x) \in C_v^+ : v(t, x) - \varphi_v > s\}|}{|C_v^+|} + \frac{|\{(t, x) \in C_v^- : \varphi_v - v(t, x) > s\}|}{|C_v^-|} < \varepsilon$$

holds for any  $s \geq s_1$  and all  $C_v \subset C_0$  as above. Then there exists a positive absolute constant  $b$  such that

$$\frac{|\{(t, x) \in D_v^+ : v(t, x) - \varphi_v > s\}|}{|D_v^+|} + \frac{|\{(t, x) \in D_v^- : \varphi_v - v(t, x) > s\}|}{|D_v^-|} < e^{-bs/s_1}$$

holds for any  $s \geq s_1$ .

We need to change the way of division and selection of the region as follows: We continue the division and the selection of  $\hat{D}_v^+$  in the same way as in [11] until the height of  $C_v$  corresponding to  $D_v^+$  becomes equal to or smaller than  $h$ . After it, we produce  $C_v$  by dividing a preceding region. Here, if  $C_v$  intersects a lattice of a time-interval, divide the  $C_v$  into two parts, one of which is above the lattice and another is below, and take each part as a new  $C_v$ . Proceed with the selection of  $\hat{C}_v$  as in the proof of Lemma 4.1 (see [4]). Now we prove



(6.10)–(6.12) in [11] for the above division. Put  $\tilde{C}_v = \dot{C}_v$ , of which the height is equal to or smaller than  $h$ . The union of the selected rectangles will be denoted by  $\tilde{D} = \cup \dot{D}_v^+ \cup (\cup \tilde{C}_v)$ . For the proof of (6.10), the left inequality follows from the way of selection. Now note the following holds: If  $D_v^+$ , for which the height of the corresponding  $C_v$  becomes greater than  $h$ , has a predecessor  $D_{v-1}^+$ , or  $C_v$  has a predecessor  $C_{v-1}$ , then

$$\varphi_v - \varphi_{v-1} \leq 2.$$

The right one in (6.10) follows from the above and the fact that  $\dot{D}_v^+$  and  $\tilde{C}_v$  have predecessors  $D_{v-1}^+$  and  $D_{v-1}^+$  or  $C_{v-1}$ , which were not selected so that  $\varphi_{v-1} \leq s_0$ , respectively. The proof of (6.11) is the same as in [11]. For the proof of (6.12), we add the following argument to the considerations for (6.12) in [11]: Select, out of the  $\dot{C}_v^-$  and  $\tilde{C}_v$ , a maximal set of nonoverlapping rectangles  $C_{\lambda}^{*-}$  and  $\tilde{C}_v^*$  so that every  $\dot{C}_v^-$  or  $\tilde{C}_v$  overlaps with some  $C_{\lambda}^{*-}$  (with  $\lambda \leq v$ ). Here note that  $\tilde{C}_v$  are disjoint. Fixing  $C_{\lambda}^{*-}$ , we find from a similar geometrical consideration as in [11] that the  $\tilde{C}_v$ , which overlap with  $C_{\lambda}^{*-}$ , lie in a rectangle with the same upper or lower base as  $C_{\lambda}^{*-}$  and of the height is less than  $3/(1-\gamma)$  times that of  $C_{\lambda}^{*-}$ , so that the measure of  $(\cup \tilde{C}_v)$  is at most  $6/(1-\gamma)$  times that of the union of the nonoverlappings  $C_{\lambda}^{*-}$ . As a result we have (6.12) in [11] with

$$c = 9/(1-\varepsilon)(1-\delta).$$

Lastly, for the deduction of the hypothesis of the above lemma from the hypothesis of the Lemma 4.2, we note only that  $v_h$  is a step function in each time-interval. The remainder is completely similar to the proof of the main lemma in [11].

Now we are ready to state the fundamental estimate for  $-\log u_n$  ( $1 \leq n \leq N$ ).

**Lemma 4.3** *Let  $u_h$  be a weak solution of (1.1) and us take  $B_{2r}(x_0) \subset \Omega$  arbitrarily. Then there exists a positive constant  $\gamma$  independent of  $h$  and  $u_h$  such that, if  $u_n, u_{n-1}$  ( $2 \leq n \leq N$ ) is nonnegative in  $B_{2r}(x_0)$  and  $v_n = -\log u_n$  ( $1 \leq n \leq N$ ),*

$$(4.3) \quad \frac{1}{|B_\rho|} \int_{B_\rho(y)} |v_n - (\overline{v_n})_{B_\rho(y)}| dx \leq \gamma (16\mu^2/\lambda^2 + 2\rho^2/\lambda h)^{1/2}$$

holds for any  $\rho \leq r/2$  and  $y \in B_r(x_0)$ .

*Proof.* We take  $\rho \leq r/2$ ,  $y \in B_r(x_0)$  arbitrarily and fix them. Now, testing the identity (1.3) with  $(u_n)^{-1} \eta^2$  for  $\eta \in C_0^\infty(B_{2\rho})$ ,  $\eta = 1$  on  $B_\rho$  and  $|D\eta|^2 \leq 4\rho^{-2}$ , we have

$$(4.4) \quad \frac{1}{h} \int_{B_{2\rho}} \left(1 - \frac{u_{n-1}(x)}{u_n(x)}\right) \eta^2 dx - \int_{B_{2\rho}} a_n^{\alpha\beta} D_\beta \log u_n D_\alpha \log u_n \eta^2 dx \\ + 2 \int_{B_{2\rho}} a_n^{\alpha\beta} D_\beta \log u_n \eta D_\alpha \eta dx = 0.$$

Noting the nonnegativity of  $(1/h) \int_{B_{2\rho}} \{u_{n-1}(x)/u_n(x)\} \eta^2 dx$ , we have

$$(4.5) \quad \lambda \int_{B_{2\rho}} |D \log u_n|^2 \eta^2 dx \leq \int_{B_{2\rho}} a_n^{\alpha\beta} D_\beta \log u_n D_\alpha \log u_n \eta^2 dx \\ \leq \varepsilon \mu \int_{B_{2\rho}} |D \log u_n|^2 \eta^2 dx + \frac{\mu}{\varepsilon} \int_{B_{2\rho}} |D\eta|^2 dx + \frac{1}{h} \int_{B_{2\rho}} \eta^2 dx.$$

From  $|D\eta| \leq 2\rho^{-1}$  and taking  $\varepsilon = \lambda/2\mu$  in (4.5), it follows that

$$\frac{1}{|B_{2\rho}|} \int_{B_{2\rho}} |D \log u_n|^2 \eta^2 dx \leq \frac{2}{\lambda} \left( \frac{8\mu^2}{\lambda\rho^2} + \frac{1}{h} \right).$$

The Hölder and Poincaré inequalities give that

$$\begin{aligned} \frac{1}{|B_\rho|} \int_{B_\rho} |v_n - \overline{(v_n)_{B_\rho}}| dx &\leq \left( \frac{1}{|B_\rho|} \int_{B_\rho} |v_n - \overline{(v_n)_{B_\rho}}|^2 dx \right)^{1/2} \\ &\leq |B_\rho|^{-1/2} \left\{ \gamma \rho^2 |B_{2\rho}| \frac{2}{\lambda} \left( \frac{8\mu^2}{\lambda\rho^2} + \frac{1}{h} \right) \right\}^{1/2} = \gamma \left\{ \frac{2}{\lambda} \left( \frac{8\mu^2}{\lambda} + \frac{\rho^2}{h} \right) \right\}^{1/2}. \end{aligned}$$

Therefore we have shown Lemma 4.3.

*Remark.* Strictly speaking,  $u_n^{-1}$  is not admissible as a test function in the identity (1.3). However, testing (1.3) with  $(u_n + \varepsilon)^{-1} \eta^2$ , calculating as above, and letting  $\varepsilon$  tend to 0 in the resulting inequality, we obtain (4.3).

**Lemma 4.4** *Let  $u_h$  be a weak solution of (1.1) and us take  $B_{2r}(x_0) \subset \Omega$  arbitrarily. Then there exist positive constants  $a$  and  $\alpha$  depending only on  $m$  such that, if  $u_n, u_{n-1}$  ( $2 \leq n \leq N$ ) is nonnegative in  $B_{2r}(x_0)$  and  $v_n = -\log u_n$  ( $1 \leq n \leq N$ ),*

$$(4.6) \quad |\{x \in B_r(x_0) : |v_n(x) - \overline{(v_n)_{B_r(x_0)}}| > \sigma\}| \leq e^{\alpha a} e^{-\alpha \sigma \kappa^{-1}} |B_r|.$$

hold, where  $\kappa = \kappa(r) = \gamma(16\mu^2/\lambda^2 + 2r^2/\lambda h)^{1/2}$ .

*Proof.* Immediate from Lemma 4.3 and 4.1.

The following will be shown later.

**Lemma 4.5** *Let  $u_h$  be a weak solution of (1.1). Then there exists a positive constant  $\gamma$  independent of  $h$  and  $u_h$  such that, if  $u_h$  is nonnegative in  $C_R^+(\bar{t}, \bar{x}) \subset Q$  and  $u_{[(\bar{t}-R^2)/h]} \geq 0$  in  $B_R(\bar{x})$  then, setting  $v = -\log u_h$ ,*

$$(4.7) \quad \frac{1}{|C_r^+| |C_r^-|} \iint_{(t', x') \in C_r^+} \iint_{(t, x) \in C_r^-} \varphi(v(t', x') - v(t, x)) dt dx dt' dx' \leq \gamma$$

holds for all pairs  $C_r^+$  and  $C_r^-$  in  $C_R^+(\bar{t}, \bar{x})$  with  $3r^2 > h$ .

Once we have Lemma 4.4 and 4.5, we conclude from adopting Lemma 4.2 for  $v = -\log u_h$  in  $C_R^+(\bar{t}, \bar{x})$  the following:

**Lemma 4.6** *Suppose that the same assumption as Lemma 4.5 is satisfied. Then there exist positive constants  $\xi$  and  $\gamma$  independent of  $h$  and  $u_h$  such that*

$$(4.8) \quad \frac{1}{|C_{R, R^2/2}^+|} \iint_{C_{R, R^2/2}^+(\bar{t}, \bar{x})} u^{-\xi} dt dx \frac{1}{|C_{R, R^2/2}^-|} \iint_{C_{R, R^2/2}^-(\bar{t}-2R^2, \bar{x})} u^\xi dt' dx' \leq \gamma.$$

To prove Lemma 4.5, we need some preliminaries. We assume that  $u_h \geq 0$  in some cube  $C_R^+(\bar{t}, \bar{x}) \subset Q$  (fixed in the sequel) and that  $u_{[(\bar{t}-R^2)/h]} \geq 0$  in  $B_R(\bar{x})$ . Define

$$v_n = -\log u_n, \quad v(t, \cdot) = v_n(\cdot) \quad (n-1)h < t \leq nh \quad (1 \leq n \leq N) \quad \text{on } B_R(\bar{x}).$$

Take  $n_0, [(\bar{t}-R^2)/h] + 1 \leq n_0 \leq [\bar{t}/h]$ , arbitrarily and for any  $\sigma \geq 0$ , any  $B_{2r}(x_0) \subset B_R(\bar{x})$  and any  $[(\bar{t}-R^2)/h] \leq n \leq [\bar{t}/h] + 1$ , let

$$\begin{aligned}
 (4.9) \quad & \tilde{v}_n = v_n - \int_{B_{2r}(x_0)} v_{n_0} \eta^2 dy / \int_{B_{2r}(x_0)} \eta^2 dy && \text{on } B_{2r}(x_0), \\
 & w_n = \tilde{v}_n - \gamma_2(n-n_0)h/r^2, \quad \gamma_2 = 4\mu^2 |B_2|/\lambda |B_1| && \text{on } B_{2r}(x_0), \\
 & \tilde{v}(t, \cdot) = \tilde{v}_n, \quad w(t, \cdot) = w_n(\cdot), && (n-1)h < t \leq nh, \\
 & \tilde{V}_n = \int_{B_{2r}(x_0)} \tilde{v}_n \eta^2 dy / \int_{B_{2r}(x_0)} \eta^2 dy, \quad W_n = \tilde{V}_n - \gamma_2(n-n_0)h/r^2, \\
 & W(t) = W_n, && (n-1)h < t \leq nh, \\
 & B_\sigma^n = \{x \in B_r(x_0) : w_n(x) > \sigma\}.
 \end{aligned}$$

Then we have

**Lemma 4.7** *There exists a positive constant  $\gamma_1$  depending only on  $m, \lambda$  such that*

$$(4.10) \quad h \sum_{n=n_0+1}^{n_1} |B_\sigma^n| \leq \gamma_1 r^2 |B_r| \sigma^{-1}$$

holds for all  $n_0 + 1 \leq n_1 \leq [\bar{t}/h] + 1$ , and any  $\sigma > 0$ .

*Proof of Lemma 4.7.* We remark that, since  $u_h \geq 0$  in  $C_R^+(\bar{t}, \bar{x})$  and  $u_{[(\bar{t}-R^2)/h]} \geq 0$  in  $B_R(\bar{x})$ ,

$$u_n \geq 0 \quad \text{in } B_R(\bar{x}) \text{ for all } [(\bar{t}-R^2)/h] \leq n \leq [\bar{t}/h] + 1.$$

Testing the identity (1.3) by  $\varphi = u_n^{-1} \eta^2$ , where  $\eta \in C_0^\infty(B_{2r})$ ,  $|D\eta| \leq 2/r$  (see remark after Lemma 4.3), we have (4.4) with  $p=r$ . Now we make an estimate of each term of (4.4).

For the quotient term of (4.4), remark that

$$1 - u_{n-1} u_n^{-1} \leq -\log(u_{n-1} u_n^{-1}) = \log u_n - \log u_{n-1},$$

whence

$$\begin{aligned}
 (4.11) \quad & \int_{B_{2r}} \frac{1}{h} (1 - u_{n-1} u_n^{-1}) \eta^2 dx \\
 & \leq \int_{B_{2r}} \frac{\log u_n - \log u_{n-1}}{h} \eta^2 dx = \frac{- \int_{B_{2r}} v_n \eta^2 dx + \int_{B_{2r}} v_{n-1} \eta^2 dx}{h}.
 \end{aligned}$$

Combining (4.11) with (4.4), we obtain

$$\begin{aligned}
 & \frac{\int_{B_{2r}} v_n \eta^2 dx - \int_{B_{2r}} v_{n-1} \eta^2 dx}{h} \\
 & + \int_{B_{2r}} a_n^{\alpha\beta} D_\beta v_n D_\alpha v_n \eta^2 dx - 2 \int_{B_{2r}} a_n^{\alpha\beta} D_\beta v_n \eta D_\alpha \eta dx \leq 0.
 \end{aligned}$$

The ellipticity condition (1.2) and Young's inequality gives that for  $[(\bar{t}-R^2)/h] + 1 \leq n \leq [\bar{t}/h] + 1$ ,

$$(4.12) \quad \frac{\int_{B_{2r}} v_n \eta^2 dx - \int_{B_{2r}} v_{n-1} \eta^2 dx}{h} + \frac{\lambda}{2} \int_{B_{2r}} |D v_n|^2 \eta^2 dx \leq \frac{2\mu^2}{\lambda} \int_{B_{2r}} |D \eta|^2 dx.$$

Recall the following inequality of Poincarè type. (For the proof, we refer to Moser's paper [11].)

**Lemma 4.8** *There exists a positive constant  $\gamma$  such that*

$$(4.13) \quad \begin{aligned} & \int_{B_{2r}} (v - \int_{B_{2r}} v \eta^2 dy / \int_{B_{2r}} \eta^2 dy)^2 \eta^2 dx \\ &= \min_k \int_{B_{2r}} (v - k)^2 \eta^2 dx \leq \gamma (4m)^2 r^2 \int_{B_{2r}} |D v|^2 \eta^2 dx \end{aligned}$$

for  $v \in W_2^1(B_{2r})$ .

Adopting (4.13) for (4.12), for  $[(\bar{t}-R^2)/h] + 1 \leq n \leq [\bar{t}/h] + 1$ , we have

$$(4.14) \quad \begin{aligned} & \frac{\int_{B_{2r}} v_n \eta^2 dx - \int_{B_{2r}} v_{n-1} \eta^2 dx}{h} \\ &+ \frac{\lambda}{2\gamma(4m)^2} r^{-2} \int_{B_{2r}} (v_n - \int_{B_{2r}} v_n \eta^2 dy / \int_{B_{2r}} \eta^2 dy)^2 \eta^2 dx \\ &\leq \frac{2\mu^2}{\lambda} \int_{B_{2r}} |D \eta|^2 dx \leq \frac{4\mu^2}{\lambda} r^{-2} |B_{2r}|. \end{aligned}$$

Dividing both sides of (4.14) by  $r^{-2} \int_{B_{2r}} \eta^2 dy$ , taking  $\eta$  as  $\eta = 1$  in  $B_r(x_0)$  and noting that  $\int_{B_{2r}} \eta^2 dx \leq 3^m |B_{2r}|$ , we have, for  $[(\bar{t}-R^2)/h] + 1 \leq n \leq [\bar{t}/h] + 1$ ,

$$(4.15) \quad \begin{aligned} & \frac{\int_{B_{2r}} v_n \eta^2 dx / \int_{B_{2r}} \eta^2 dx - \int_{B_{2r}} v_{n-1} \eta^2 dx / \int_{B_{2r}} \eta^2 dx}{h/r^2} \\ &+ \frac{\lambda}{2\gamma(4m)^2} \frac{1}{3^m |B_r|} \int_{B_{2r}} (v_n - \int_{B_{2r}} v_n \eta^2 dy / \int_{B_{2r}} \eta^2 dy)^2 \eta^2 dx \leq \frac{2\mu^2}{\lambda} \frac{|B_{2r}|}{|B_r|}. \end{aligned}$$

Now we notice that, from the definition  $\tilde{V}_n$  in (4.9)

$$(4.16) \quad \tilde{V}_{n_0} = 0.$$

Taking  $\gamma_1 = 2\gamma 3^m (4m)^2 / \lambda$ ,  $\gamma_2 = 4\mu^2 |B_2| / \lambda |B_1|$  and noting that (4.15) remains unchanged if  $v_l$  is replaced by  $v_l + \text{const.}$ , (4.15) are rewritten as follows (Recall the definition (4.9) of  $\tilde{V}_{n_0}$  and  $W_n$ ):

$$(4.17) \quad \begin{cases} \frac{\tilde{V}_n - \tilde{V}_{n-1}}{h/r^2} + \gamma_1^{-1} \frac{1}{|B_r|} \int_{B_{2r}(x_0)} (\tilde{v}_n - \tilde{V}_n)^2 \eta^2 dx \leq \gamma_2 \\ (n; [\bar{t} - R^2]/h) + 1 \leq n \leq [\bar{t}/h] + 1, \\ \tilde{V}_{n_0} = 0. \end{cases}$$

In terms of  $W_n$ , (4.17) becomes

$$(4.18) \quad \begin{cases} \frac{W_n - W_{n-1}}{h/r^2} + \gamma_1^{-1} \frac{1}{|B_r|} \int_{B_{2r}(x_0)} (w_n - W_n)^2 \eta^2 dx \leq 0 \\ (n; [\bar{t} - R^2]/h) + 1 \leq n \leq [\bar{t}/h] + 1, \\ W_{n_0} = 0. \end{cases}$$

From (4.18), that for  $n_0 \leq n \leq [\bar{t}/h] + 1$ , we obtain

$$(4.19) \quad W_n \leq W_{n-1} \leq \dots \leq W_{n_0} = 0.$$

Hence, for  $\sigma > 0$  and  $n = n_0, \dots, [\bar{t}/h] + 1$ ,

$$w_n - W_n \geq \sigma - W_n > 0 \quad \text{in } B_\sigma^n.$$

Thus, again by (4.18) we have, for any  $\sigma > 0$  and all  $n_0 \leq n \leq [\bar{t}/h] + 1$ ,

$$\frac{W_n - W_{n-1}}{h/r^2} + \gamma_1^{-1} \frac{|B_\sigma^n|}{|B_r|} (\sigma - W_n)^2 \leq \frac{W_n - W_{n-1}}{h/r^2} + \gamma_1^{-1} \frac{1}{|B_r|} \int_{B_{2r}(x_0)} (w_n - W_n)^2 \eta^2 dx \leq 0,$$

$$(\sigma - W_n)^{-2} \frac{\sigma - W_n - (\sigma - W_{n-1})}{h/r^2} \geq \gamma_1^{-1} \frac{|B_\sigma^n|}{|B_r|}.$$

Noting that, for  $a, b \geq 0$ ,

$$-(a^{-1} - b^{-1}) \geq a^{-2}(a - b),$$

we have, for  $n_0 \leq n \leq [\bar{t}/h] + 1$ ,

$$(4.20) \quad \frac{-((\sigma - W_n)^{-1} - (\sigma - W_{n-1})^{-1})}{h/r^2} \geq \gamma_1^{-1} \frac{|B_\sigma^n|}{|B_r|}.$$

Multiplying (4.20) by  $h/r^2$  and summing the resulting inequality from  $n_0 + 1$  to  $n_0 + 1 \leq n_1 \leq [t/h] + 1$ , we obtain

$$\begin{aligned} \frac{h}{r^2} \sum_{n=n_0+1}^{n_1} \gamma_1^{-1} \frac{|B_\sigma^n|}{|B_r|} &\leq - \sum_{n=n_0+1}^{n_1} \{(\sigma - W_n)^{-1} - (\sigma - W_{n-1})^{-1}\} \\ &= -(\sigma - W_{n_1})^{-1} + (\sigma - W_{n_0})^{-1} \leq \sigma^{-1} \end{aligned}$$

where we used (4.19) in the last inequality.

We just now are in a position to prove Lemma 4.5.

*Proof of Lemma 4.5.* Note that

$$\begin{aligned} (4.21) \quad &\frac{1}{|C_r^+| |C_r^-|} \iint_{C_r^+(t_0, x_0)} \iint_{C_r^-(t_0, x_0)} \varphi(v(t, x) - v(t', x')) dx dt dx' dt' \\ &\leq \frac{1}{|C_r^+|} \iint_{C_r^-(t_0, x_0)} \varphi(v(t, x) - \int_{B_{2r}} v_{[t_0/h]+1} \eta^2 / \int_{B_{2r}} \eta^2) dx dt \\ &\quad + \frac{1}{|C_r^-|} \iint_{C_r^+(t_0, x_0)} \varphi(-v(t', x') + \int_{B_{2r}} v_{[t_0/h]+1} \eta^2 / \int_{B_{2r}} \eta^2) dx' dt'. \end{aligned}$$

We estimate each term of (4.21). Put

$$\begin{aligned} I_1 &= \iint_{C_r^-(t_0, x_0)} \varphi(v(t, x) - \int_{B_{2r}} v_{[t_0/h]+1} \eta^2 / \int_{B_{2r}} \eta^2) dx dt, \\ I_2 &= \iint_{C_r^+(t_0, x_0)} \varphi(-v(t', x') + \int_{B_{2r}(x_0)} v_{[t_0/h]+1} \eta^2 dy / \int_{B_{2r}(x_0)} \eta^2 dy) dx' dt'. \end{aligned}$$

Let's set  $n_0 = [t_0/h] + 1$  and define a time-step function  $g$  as follows:

$$\begin{aligned} g(t, \cdot) &= \gamma_2(n - n_0) h/r^2 \quad \text{for } t \in ((n-1)h, nh] \\ &\quad (n = n_0, \dots, [(t_0 + r^2)/h] + 1) \quad \text{in } B_r. \end{aligned}$$

By (4.9), we have

$$\begin{aligned} I_1 &= \iint_{C_r^-(t_0, x_0)} \varphi(\tilde{v}(t, x)) dx dt = \iint_{C_r^-(t_0, x_0)} \varphi(w(t, x) + g(t, x)) dx dt \\ &\leq \iint_{C_r^-(t_0, x_0)} \varphi(w(t, x)) dx dt + \iint_{C_r^-(t_0, x_0)} \varphi(g(t, x)) dx dt \\ &\leq \iint_{C_r^-(t_0, x_0)} \varphi(w(t, x)) dx dt + |C_r^-| \sqrt{\gamma_2(1 + h/r^2)} \end{aligned}$$

where we have used that

$$g(t, \cdot) \leq \gamma_2(1 + h/r^2) \quad \text{for } t \in [[t_0/h]h, (([t_0 + r^2]/h) + 1)h].$$

Moreover, since by assumption  $h < 3r^2$ ,  $I_1$  is estimated from above by

$$(4.22) \quad \iint_{C_r^-(t_0, x_0)} \varphi(w(t, x)) dt dx + 2\sqrt{\gamma_2} |C_r^-|.$$

Thus we need to estimate  $\iint_{C_r^-(t_0, x_0)} \varphi(w(t, x)) dx dt$ . Split

$$\begin{aligned}
 (4.23) \quad \iint_{C_r^-(t_0, x_0)} \varphi(w(t, x)) dx dt &= \int_{t_{[t_0/h]+1}}^{t_0+r^2} \int_{B_r(x_0)} \varphi(w(t, x)) dx dt \\
 &\quad + \int_{t_0}^{t_{[t_0/h]+1}} \int_{B_r(x_0)} \varphi(w(t, x)) dx dt \\
 &= I_1^1 + I_1^2.
 \end{aligned}$$

First we estimate  $I_1^1$ . We have

$$\begin{aligned}
 (4.24) \quad I_1^1 &= \int_{t_{[t_0/h]+1}}^{t_0+r^2} \int_{B_r(x_0) \cap \{w > 1\}} \varphi(w(t, x)) dx dt \\
 &\quad + \int_{t_{[t_0/h]+1}}^{t_0+r^2} \int_{B_r(x_0) \cap \{0 < w \leq 1\}} \varphi(w(t, x)) dx dt \\
 &\leq \int_{t_{[t_0/h]+1}}^{t_0+r^2} \int_{B_r(x_0) \cap \{w > 1\}} \varphi(w(t, x)) dx dt + |C_r^-|.
 \end{aligned}$$

Note the inclusion:  $(t_{[t_0/h]+1}, t_0+r^2) \subset (t_{[t_0/h]+1}, t_{[(t_0+r^2)/h]+1})$ . Setting  $m(\sigma) = |\{(t, x) \in (t_{[t_0/h]+1}, t_0+r^2) \times B_r(x_0); w(t, x) > \sigma\}|$  for  $\sigma > 0$ , we obtain from Lemma 4.7,

$$m(\sigma) \leq h \sum_{n=[t_0/h]+2}^{[(t_0+r^2)/h]+1} |B_\sigma^n| \leq \gamma_1 r^2 |B_r| \sigma^{-1}$$

so that, for the first term of the right hand in (4.24), we have

$$\begin{aligned}
 (4.25) \quad &\int_{t_{[t_0/h]+1}}^{t_0+r^2} \int_{B_r(x_0) \cap \{w > 1\}} \varphi(w(t, x)) dx dt \\
 &= \int_1^\infty \sqrt{\sigma} (-dm(\sigma)) = \int_1^\infty m(\sigma) d\sqrt{\sigma} \leq \int_1^\infty \gamma_1 \sigma^{-1} r^2 |B_r| d\sqrt{\sigma} \\
 &= \gamma_1 r^2 |B_r|.
 \end{aligned}$$

Substituting (4.25) into (4.24), we have

$$(4.26) \quad I_1^1 \leq \gamma_1 r^2 |B_r| + |C_r^-| \leq (\gamma_1 + 1) |C_r^-|.$$

Next we shall deal with  $I_1^2$ . Note that

$$(4.27) \quad I_1^2 = \int_{t_0}^{t_{[t_0/h]+1}} \int_{B_r(x_0)} \varphi(w(t, x)) dx dt = |t_{[t_0/h]+1} - t_0| \int_{B_r(x_0)} \varphi(w_{[t_0/h]+1}) dx.$$

Recalling the definition of  $w_n$ :

$$\begin{aligned} w_{[t_0/h]+1} &= \tilde{v}_{[t_0/h]+1} = v_{[t_0/h]+1} - \int_{B_{2r}(x_0)} v_{[t_0/h]+1} \eta^2 dx / \int_{B_{2r}(x_0)} \eta^2 dx \\ &\leq |v_{[t_0/h]+1}(x) - \overline{(v_{[t_0/h]+1})_{B_{2r}}}| \\ &\quad + |\overline{(v_{[t_0/h]+1})_{B_{2r}}} - \int_{B_{2r}(x_0)} v_{[t_0/h]+1} \eta^2 dy / \int_{B_{2r}(x_0)} \eta^2 dy| \end{aligned}$$

we have

$$\begin{aligned} (4.28) \quad & \int_{B_r(x_0)} \varphi(w_{[t_0/h]+1}) dx \\ & \leq \int_{B_{2r}(x_0)} \sqrt{|v_{[t_0/h]+1}(x) - \overline{(v_{[t_0/h]+1})_{B_{2r}}}|} dx \\ & \quad + |B_r|^{1/2} \sqrt{\int_{B_{2r}} |v_{[t_0/h]+1}(x) - \overline{(v_{[t_0/h]+1})_{B_{2r}}}| dx} \\ & \leq 2 |B_{2r}|^{1/2} \left( \int_{B_{2r}(x_0)} |v_{[t_0/h]+1}(x) - \overline{(v_{[t_0/h]+1})_{B_{2r}}}| dx \right)^{1/2}. \end{aligned}$$

Applying Lemma 4.3 to (4.28) gives that

$$(4.29) \quad \int_{B_r} \varphi(w_{[t_0/h]+1}) dx \leq 2 \gamma^{1/2} (16 \mu^2 / \lambda^2 + 2 r^2 / \lambda h)^{1/4} |B_{2r}|.$$

Substituting (4.29) into (4.27), noting that  $3r^2 \geq h$  and that  $|t_{[t_0/h]+1} - t_0| \leq h$ , we have

$$\begin{aligned} (4.30) \quad I_1^2 &\leq 2 \gamma^{1/2} h |B_{2r}| (r^2/h)^{1/4} (48 \mu^2 / \lambda^2 + 2/\lambda)^{1/4} \\ &\leq 2 \gamma^{1/2} |B_{2r}| h^{3/4} r^{1/2} (48 \mu^2 / \lambda^2 + 2/\lambda)^{1/4} \\ &\leq 2^2 \gamma^{1/2} 2^m (24 \mu^2 / \lambda^2 + 1/\lambda)^{1/4} |C_r^-|. \end{aligned}$$

Combining the estimates (4.26) and (4.30) for  $I_1^1$  and  $I_1^2$  with (4.22) gives that

$$(4.31) \quad I_1 = \iint_{C_r^-(t_0, x_0)} \varphi(\tilde{v}) dt dx \leq (\gamma_1 + 1) |C_r^-| + \gamma |C_r^-| + 2 \sqrt{\gamma_2} |C_r^-|,$$

where  $\gamma = 2^{m+2} \gamma^{1/2} (24 \mu^2 / \lambda^2 + 1/\lambda)^{1/4}$ .

Now we estimate the term

$$I_2 = \iint_{C_r^+(t_0, x_0)} \varphi(-v(t', x')) + \int_{B_{2r}(x_0)} v_{[t_0/h]+1} \eta^2 dy / \int_{B_{2r}(x_0)} \eta^2 dy dx' dt'.$$

Putting, for  $[(t_0 - r^2)/h] + 1 \leq n \leq n_0$ ,

$$\bar{v}_n(x) = -v_n(x) + \int_{B_{2r}(x_0)} v_{n_0} \eta^2 dy / \int_{B_{2r}(x_0)} \eta^2 dy \quad \text{on } B_{2r}(x_0),$$

$$\bar{w}_n(x_0) = \bar{v}_n(x) - \gamma_2 (n_0 - n) h / r^2 \quad \text{on } B_{2r}(x_0),$$

$$\bar{V}_n = \int_{B_{2r}(x_0)} \bar{v}_n \eta^2 dy / \int_{B_{2r}(x_0)} \eta^2 dy, \quad \bar{W}_n = \bar{V}_n - \gamma_2 (n_0 - n) h / r^2,$$

$$\bar{B}_\sigma^n = \{x \in B_{2r}(x_0) : \bar{w}_n > \sigma\},$$



similarly to Lemma 4.7, we have

$$(4.32) \quad h \sum_{n=[(t_0-r^2)/h]+1}^{n_0} |\bar{B}_\sigma^n| \leq \gamma_1 r^2 |B_r| \sigma^{-1}.$$

Exploiting (4.32) with  $n_0 = [t_0/h] + 1$  similarly to (4.25), we obtain

$$(4.33) \quad I_2 \leq \gamma_1 |C_r^+| + \sqrt{3\gamma_2} |C_r^+|.$$

Substituting (4.31) and (4.33) into (4.21) gives that

$$\begin{aligned} & \frac{1}{|C_r^+| |C_r^-|} \iint_{C_r^+(t_0, x_0)} \iint_{C_r^-(t_0, x_0)} \varphi(v(t, x) - v(t', x')) dt dx dt' dx' \\ & \leq \frac{1}{|C_r^-|} I_1 + \frac{1}{|C_r^+|} I_2 \\ & \leq 2\gamma_1 + \gamma + 6\gamma_2, \end{aligned}$$

which concludes the proof of Lemma 4.5.

## 5 Proof of theorems

In this section we present the proof of our theorems. Recall the definition (1.9) of  $\tilde{n}_r$ .

*Proof of Theorem 1.1.* Since  $u_h$  is nonnegative in  $C_r^+(t_{n_0}, x_0)$ , we find that

$$u_h \geq 0 \quad \text{in } C_{\sqrt{\tilde{n}_r h}}^+(t_{n_0}, x_0)$$

and that

$$u_{n_0 - [\tilde{n}_r/4] - 1} \geq 0 \quad \text{in } B_{\sqrt{\tilde{n}_r h}}(x_0).$$

Thus we can apply Lemma 4.6 to  $u_h$  in  $C_{\sqrt{\tilde{n}_r h}}^+(t_{n_0}, x_0)$ , so that,

$$(5.1) \quad \begin{aligned} & \left( \frac{1}{|C_{\sqrt{\tilde{n}_r h}, \tilde{n}_r h/2}^-|} \iint_{C_{\sqrt{\tilde{n}_r h}, \tilde{n}_r h/2}^-(t_{n_0}, x_0)} (u_h)^\xi dx dt \right)^{1/\xi} \\ & \leq \gamma^{1/\xi} \left( \frac{1}{|C_{\sqrt{\tilde{n}_r h}, \tilde{n}_r h/2}^+|} \iint_{C_{\sqrt{\tilde{n}_r h}, \tilde{n}_r h/2}^+(t_{n_0}, x_0)} (u_h)^{-\xi} dx dt \right)^{-1/\xi} \end{aligned}$$

where  $\gamma, \xi$  are positive constants determined in Lemma 4.6. We can also adopt (2.21) with  $p = -\xi$  in Lemma 2.2 for  $u_h$  in  $C_{\sqrt{\tilde{n}_r h}, \tilde{n}_r h/2}^+(t_{n_0}, x_0)$  to obtain that

$$(5.2) \quad \left( \frac{1}{|C_{\sqrt{\tilde{n}_r h}, \tilde{n}_r h/2}^+|} \iint_{C_{\sqrt{\tilde{n}_r h}, \tilde{n}_r h/2}^+(t_{n_0}, x_0)} (u_h)^{-\xi} dx dt \right)^{-1/\xi} \leq \gamma \inf_{C_{\sqrt{\tilde{n}_r h/2}}^+(t_{n_0}, x_0)} u_h.$$

Similarly, exploiting (2.22) in Lemma 2.2 for  $u_h$  in  $C_{\sqrt{\tilde{n}_r h}, \tilde{n}_r h/2}^-(t_{n_0 - \tilde{n}_r}, x_0)$  and noting Hölder inequality, we find

$$(5.3) \quad \left( \frac{1}{|C_{\sqrt{\tilde{n}_r h}/2}^-|} \iint_{C_{\sqrt{\tilde{n}_r h}, \tilde{n}_r h/2}^-(t_{n_0 - \tilde{n}_r}, x_0)} (u_h)^p dx dt \right)^{1/p} \\ \leq \gamma \left( \frac{1}{|C_{\sqrt{\tilde{n}_r h}, \tilde{n}_r h/2}^-|} \iint_{C_{\sqrt{\tilde{n}_r h}, \tilde{n}_r h/2}^-(t_{n_0 - \tilde{n}_r}, x_0)} (u_h)^\xi dx dt \right)^{1/\xi}$$

for  $0 < p < 1 + 2/m$ . Combining (5.2) and (5.3) with (5.1), we obtain the assertion (1.10) of Theorem 1.1.

Theorem 1.1 implies a Hölder estimate for a weak solution  $u_h$  of (1.1), which has been derived in [6], but our proof is entirely different from that in [6]. Also recall the definition (1.8) of  $\delta$ .

**Lemma 5.1** *Let  $u_h$  be a weak solution of (1.1) and  $(\bar{t}, \bar{x})$  be taken arbitrarily in  $\tilde{Q}_{h_0}$  with*

$$d = \frac{1}{4} \min(|\bar{t} - N_0 h_0|^{1/2}, \text{dist}(\bar{x}, \partial\Omega)).$$

*Assume that  $\iint_{C_d^+(\bar{t}, \bar{x})} |u_h|^2 dt dx \leq \gamma_1$  with a uniform constant  $\gamma_1$ . Then there exist*

*positive constants  $\gamma$  and  $\alpha < 1$ , depending only on  $\lambda, \mu, m, d$ , and  $\gamma_1$ , such that*

$$(5.4) \quad |u_h(t_{n'}, x') - u_h(t_n, x)| \leq \gamma (\delta((t_n, x), (t_{n'}, x'))^\alpha$$

*holds for any  $(t_{n'}, x'), (t_n, x) \in C_d^+(\bar{t}, \bar{x})$  with  $\delta((t_{n'}, x'), (t_n, x)) \geq \sqrt{h}$ .*

*Proof.* Notice that by Lemma 3.2 a weak solution  $u_h$  is uniformly bounded in  $C_d^+(\bar{t}, \bar{x})$ . Take  $(t_{n'}, x'), (t_n, x) \in C_d^+(\bar{t}, \bar{x})$  satisfying  $\delta((t_{n'}, x'), (t_n, x)) \geq \sqrt{h}$ , arbitrarily. Introduce

$$(5.6) \quad M = \sup_{C_d^+(t_n, x)} u_h, \quad m = \inf_{C_d^+(t_n, x)} u_h,$$

$$\tilde{n}_d = \text{the greatest number satisfying } n < d^2/h.$$

Since  $M - u_h, u_h - m$  are weak solutions of (1.1) and nonnegative in  $C_d^+(t_n, x)$ , we can apply Theorem 1.1 for  $M - u_h, u_h - m$  in  $C_d^+(t_n, x)$  to obtain

$$(5.7) \quad \frac{1}{|C_{\sqrt{\tilde{n}_d h}/2}^-|} \iint_{C_{\sqrt{\tilde{n}_d h}, \tilde{n}_d h/2}^-(t_n - \tilde{n}_d, x)} (M - u_h) dx dt \leq \gamma \inf_{C_{\sqrt{\tilde{n}_d h}, \tilde{n}_d h/2}^+(t_n, x)} (M - u_h),$$

$$(5.8) \quad \frac{1}{|C_{\sqrt{\tilde{n}_d h}/2}^-|} \iint_{C_{\sqrt{\tilde{n}_d h}, \tilde{n}_d h/2}^-(t_n - \tilde{n}_d, x)} (u_h - m) dx dt \leq \gamma \inf_{C_{\sqrt{\tilde{n}_d h}, \tilde{n}_d h/2}^+(t_n, x)} (u_h - m).$$

Adding (5.7) and (5.8), and replacing  $\max(\gamma, 1)$  by  $\gamma$ , we have

$$(5.9) \quad \text{osc}_{C_{\sqrt{\tilde{n}_d h}, \tilde{n}_d h/2}^+(t_n, x)} u_h \leq (1 - \gamma^{-1}) \text{osc}_{C_d^+(t_n, x)} u_h.$$

By iteration we have, for any positive integer  $v$ ,

$$(5.10) \quad \omega_{d_v} \leq \theta^v \omega_{d_{v-1}}$$

where

$$\theta = 1 - \gamma^{-1}, \quad \omega_{d_v} = \text{osc}_{C_{d_v}^+} u_h$$

and

$$d_0 = d, \quad d_v = \left( d^2/2^v - \sum_{k=1}^v \delta_k/2^{v-k+1} \right)^{1/2}, \quad \delta_k = d_{k-1}^2 - \tilde{n}_{d_{k-1}} h \quad (k=1, 2, \dots, v).$$

If

$$\max\{|t_n - t_{n'}|^{1/2}, |x - x'|\} + \sqrt{h} < d/2,$$

then there exists a positive integer  $v$  such that

$$d/2^{v+1} < \max\{|t_n - t_{n'}|^{1/2}, |x - x'|\} + \sqrt{h} \leq d/2^v.$$

Now, adopting (5.10) successively gives that

$$(5.11) \quad \begin{aligned} |u_n(x) - u_{n'}(x')| &\leq \omega_{d_v} \leq \theta \omega_{d_{v-1}} \\ &\leq \dots \leq \theta^v \omega_d = (1/2)^{\alpha v} \omega_d \\ &\leq ((2/d) \max\{|t_n - t_{n'}|^{1/2}, |x - x'|\} + (2/d)\sqrt{h})^\alpha \omega_d \\ &\leq (2\delta((t_{n'}, x'), (t_n, x))/d + 2\sqrt{h}/d)^\alpha \omega_d, \end{aligned}$$

where  $\alpha = -\log \theta / \log 2$ . Since  $\max\{|t_n - t_{n'}|^{1/2}, |x - x'|\} \geq \sqrt{h}$ , it follows from (5.11) that

$$(5.12) \quad |u_n(x) - u_{n'}(x')| \leq (4/d)^\alpha \delta^\alpha((t_{n'}, x'), (t_n, x)) \omega_d.$$

If

$$\max\{|t_n - t_{n'}|^{1/2}, |x - x'|\} + \sqrt{h} \geq d/2,$$

we obtain, from the boundedness of  $u_h$  in  $C_d^+(t, \bar{x})$

$$(5.13) \quad \begin{aligned} |u_n(x) - u_{n'}(x')| &\leq 2U \\ &\leq 2U((2/d)(\max\{|t_n - t_{n'}|^{1/2}, |x - x'|\} + \sqrt{h}))^\alpha \\ &= 2U(4/d)^\alpha \delta^\alpha((t_{n'}, x'), (t_n, x)). \end{aligned}$$

*Proof of Theorem 1.2.* Fix  $B_{2r} = B_{2r}(x_0) \subset \tilde{\Omega}_{h_0}$  with  $r^2 \leq h$ . Suppose that  $u_n(N_0 + 1 \leq n \leq N)$  is nonnegative in  $B_{2r}$ . Scaling  $x = x_0 + r y$  and letting

$$\tilde{a}_n^{\alpha\beta}(y) = a_n^{\alpha\beta}(x_0 + r y), \quad \tilde{u}_n(y) = u_n(x_0 + r y), \quad \tilde{u}_{n-1}(y) = u_{n-1}(x_0 + r y) \quad \text{on } B_1,$$

from (1.3) we obtain

$$(5.14) \quad \int_{B_1} \tilde{a}_n^{\alpha\beta} D_\beta \tilde{u}_n D_\alpha \varphi dy + \int_{B_1} \frac{\tilde{u}_n - \tilde{u}_{n-1}}{h/r^2} \varphi dy = 0 \quad \text{for any } \varphi = (\varphi^i) \in W_{2,0}^1(B_1).$$

Applying Harnack's theorem for elliptic equations (see [3, Theorem 8.18, p. 194]) to  $\tilde{u}_n$  in  $B_1$ , it follows from (5.14) that, for any  $1 \leq p < m/(m-2)$ , and  $q > m$ , there exists a positive constant  $\gamma$  depending only on  $m, q, p, \lambda$  and  $\mu$  such that

$$(5.15) \quad \left( \frac{1}{|B_1|} \int_{B_1} (\tilde{u}_n)^p dy \right)^{1/p} \leq \gamma \left\{ \inf_{B_1} \tilde{u}_n + \left( \frac{1}{|B_1|} \int_{B_1} g^q dy \right)^{1/q} \right\},$$

where

$$g = \frac{\tilde{u}_n - \tilde{u}_{n-1}}{h/r^2}.$$

Now, applying Lemma 5.1 to  $u_h$  in  $C_d^+(T, x_0)$  with  $d = (1/4) \min\{|T - N_0 h_0|^{1/2}, \text{dist}(x_0, \partial\Omega)\}$ , we have that

$$(5.16) \quad |g| \leq \gamma h^{\alpha/2-1} r^2$$

with positive constants  $\gamma, \alpha < 1$ , independent of  $h, v_n$ , which were determined in Lemma 5.1. Thus, since  $r^2 \leq h$  implies

$$h^{\alpha/2-1} r^2 \leq r^{\alpha-2+2} = r^\alpha,$$

from (5.15) and (5.16) we obtain the assertion in Theorem 1.2.

*Proof of Theorem 1.3* Fix a cube  $C_d^+(\bar{t}, \bar{x}) \subset Q$  with  $d = (1/4) \min\{|\bar{t} - N_0 h_0|^{1/2}, \text{dist}(\bar{x}, \partial\Omega)\}$ . We use the notation:  $u = u_h, v = u_h^\pm$ . Now we shall improve a Caccioppoli type inequality Lemma 2.3. Firstly we consider the case  $1 < p \leq 2$ . If  $\sigma_2 \tau > 3h$ , we have (2.27) and (2.28). If  $\sigma_2 \tau \leq 3h$ , we remark that, adopting Hölder estimate (Lemma 5.1) for  $u_h$  in  $C_d^+(\bar{t}, \bar{x})$  yields the following calculations: For all  $C_{\rho, \tau}^+(t_{n_0}, x_0) \subset C_d^+(\bar{t}, \bar{x})$  and for any  $\varepsilon > 0$

$$(5.17) \quad \begin{aligned} & \iint_{C_{\rho, \tau}^+} \frac{\pm u(t, \cdot) + \varepsilon - (\pm u(t-h, \cdot) + \varepsilon)}{h} (v(t, \cdot) + \varepsilon)^{p-1} \eta^2(\cdot) dx dt \\ & \geq -\gamma h^{\alpha/2} 3(\sigma_2 \tau)^{-1} \iint_{C_{\rho, \tau}^+} |v(t, \cdot) + \varepsilon|^{p-1} \eta^2(\cdot) dx dt \\ & \geq -(\sigma_2 \tau)^{-1} \iint_{C_{\rho, \tau}^+} |v(t, \cdot) + \varepsilon|^p dy ds - 2^p \gamma \cdot (\sigma_2 \tau)^{-1} h^{p\alpha/2} |C_{\rho, \tau}^+|, \end{aligned}$$

where  $\gamma = \gamma(d)$  is determined in Lemma 5.1. In the last inequality we used Young's inequality. Thus, calculating similarly as in (2.29), we have, for all  $C_{\rho, \tau}^+(t_{n_0}, x_0) \subset C_d^+(\bar{t}, \bar{x})$ ,

$$(5.18) \quad \begin{aligned} & \iint_{C_{\rho, \tau}^+} |D(v + \varepsilon)^{p/2}|^2 \eta^2 \sigma dx dt \\ & + \frac{p^2}{\lambda(p-1)} \varepsilon^{p-1} \iint_{C_{\rho, \tau}^+ \cap \{\pm u \leq 0\}} a^{\alpha\beta} D_\beta(v(t, \cdot)) \eta D_\alpha \eta dx dt \\ & \leq \frac{\mu^2 p^2}{\lambda^2 (p-1)^2} ((\sigma_2 \tau)^{-1} + (\sigma_1 \rho)^{-2}) \iint_{C_{\rho, \tau}^+} (v + \varepsilon)^p dx dt \\ & + \frac{2^{p-1} 3p}{\lambda(p-1)} (\sigma_2 \tau)^{-1} h^{p\alpha/2} |C_{\rho, \tau}^+|. \end{aligned}$$

We also remark that (2.19) holds for  $v + \varepsilon = u_h^\pm + \varepsilon > 0$  in this case. Therefore we have, for all  $C_{\rho, \tau}^+(t_{n_0}, x_0) \subset C_d^+(\bar{t}, \bar{x})$  and any  $1 < p \leq 2$ ,

$$(5.19) \quad \sup_{t_{n_0} - \tau(1-\sigma_2) \leq t \leq t_{n_0}} \int_{B_{\rho(1-\sigma_1)}} (v + \varepsilon)^p(t, \cdot) dx + \iint_{C_{\rho(1-\sigma_1), \tau(1-\sigma_2)}^+} |D(v + \varepsilon)^{p/2}|^2 dx dt \\ + \frac{p^2}{\lambda(p-1)} \varepsilon^{p-1} \iint_{C_{\rho, \tau}^+ \cap \{\pm u \leq 0\}} a^{\alpha\beta} D_\beta v(t, \cdot) \eta D_\alpha \eta dx dt \\ \leq \gamma \frac{p(2p-1)}{(p-1)^2} \{((\sigma_1 \rho)^{-2} + (\sigma_2 \tau)^{-1}) \iint_{C_{\rho, \tau}^+} (v + \varepsilon)^p dx dt + 2^p (\sigma_2 \tau)^{-1} h^{p\alpha/2} |C_{\rho, \tau}^+|\}.$$

Since each term of the right hand of (5.19) is finite for  $1 < p \leq 2$ , we are able to pass  $\varepsilon$  to 0 in (5.19), so that

$$(5.20) \quad \sup_{t_{n_0} - \tau(1-\sigma_2) \leq t \leq t_{n_0}} \int_{B_{\rho(1-\sigma_1)}} v^p(t, \cdot) dx + \iint_{C_{\rho(1-\sigma_1), \tau(1-\sigma_2)}^+} |D v^{p/2}|^2 dx dt \\ \leq \gamma \frac{p(2p-1)}{(p-1)^2} \{((\sigma_1 \rho)^{-2} + (\sigma_2 \tau)^{-1}) \iint_{C_{\rho, \tau}^+} v^p dx dt + 2^p (\sigma_2 \tau)^{-1} h^{p\alpha/2} |C_{\rho, \tau}^+|\}.$$

Next we consider the case  $p > 2$ . If  $\sigma_2 \tau > 3h$ , then we have (2.30). If  $\sigma_2 \tau \leq 3h$ , using Hölder estimate (Lemma 5.1) and calculating similarly as in (5.17) yields that, for any  $C_{\rho, \tau}^+(t_{n_0}, x_0) \subset C_d^+(\bar{t}, \bar{x})$

$$\iint_{C_{\rho, \tau}^+} \frac{\pm u(t, \cdot) - \pm u(t-h, \cdot)}{h} (v^{(M)})^{p-1}(t, \cdot) \eta^2(\cdot) dx dt \\ \geq -(\sigma_2 \tau)^{-1} \iint_{C_{\rho, \tau}^+} \lambda v^{(M)p}(t, \cdot) dy ds - 2^p \gamma \cdot (\sigma_2 \tau)^{-1} h^{p\alpha/2} |C_{\rho, \tau}^+|.$$

By calculating similarly as in (2.31), we have, for all  $C_{\rho, \tau}^+(t_{n_0}, x_0) \subset C_d^+(\bar{t}, \bar{x})$  and for any  $t \in [t_{n_0} - \tau(1-\sigma_2), t_{n_0}]$

$$(5.21) \quad 0 \geq \int_{B_\rho} v^{(M)}(t, \cdot) \eta^2 dx - 4(\sigma_2 \tau)^{-1} \iint_{C_{\rho, \tau}^+} (v^{(M)})^p \eta^2 dx dt - 2^p \gamma \cdot (\sigma_2 \tau)^{-1} h^{p\alpha/2} |C_{\rho, \tau}^+| \\ + \frac{4(p-1)}{p^2} \iint_{C_{\rho, \tau}^+} a^{\alpha\beta}(t, \cdot) D_\beta (v^{(M)})^{p/2} D_\alpha (v^{(M)})^{p/2} \eta^2(\cdot) \sigma(t) dx dt \\ + 2 \iint_{C_{\rho, \tau}^+} a^{\alpha\beta}(t, \cdot) D_\beta v(v^{(M)})^{p-1} \eta D_\alpha \eta(\cdot) \sigma(t) dx dt.$$

Noting the boundedness of  $v$  in  $C_d^+(\bar{t}, \bar{x})$  from Lemma 3.2, we can pass  $M$  to the limit in (5.21) for  $p > 2$  to obtain, for all  $C_{\rho, \tau}^+ \subset C_d^+(\bar{t}, \bar{x})$  and any  $t \in [t_{n_0} - \tau, t_{n_0}]$

$$(5.22) \quad 0 \geq \int_{B_\rho} v(t, \cdot) \eta^2 dx - 4(\sigma_2 \tau)^{-1} \iint_{C_{\rho, \tau}^+} v^p \eta^2 dx dt - 2^p \gamma \cdot (\sigma_2 \tau)^{-1} h^{p\alpha/2} |C_{\rho, \tau}^+| \\ + \frac{4(p-1)}{p^2} \iint_{C_{\rho, \tau}^+} a^{\alpha\beta}(t, \cdot) D_\beta v^{p/2} D_\alpha v^{p/2} \eta^2(\cdot) \sigma(t) dx dt \\ + 2 \iint_{C_{\rho, \tau}^+} a^{\alpha\beta}(t, \cdot) D_\beta v v^{p-1} \eta D_\alpha \eta(\cdot) \sigma(t) dx dt.$$

By Young's inequality, we have (5.20) for all  $C_{\rho,\tau}^+ \subset C_d^+(\bar{t}, \bar{x})$  and for any  $p > 2$ . As a result we have obtained (5.20) for all  $C_{\rho,\tau}^+ \subset C_d^+(\bar{t}, \bar{x})$  and for any  $p > 1$ .

From now on by Moser's iterative procedure we shall consider the boundedness of a weak solution  $u_h$  of (1.1). Now we fix  $(t_{n_0}, x_0) \in C_{d/2}^+(\bar{t}, \bar{x})$  and  $\rho_0, \tau_0, 0 < \rho_0, \tau_0 < d/2$ . We proceed our inductive calculation similarly as in the proof of Lemma 2.2. Noting a scaling transform (2.22), we obtain, from (5.20), that, putting  $\tilde{v}(s, y) = v(t_{n_0} + \rho_0^2 s, x_0 + \rho_0 y)$

$$(5.23) \quad \sup_{0 \leq t \leq \tilde{\tau}(1-\sigma_2)} \int_{B_{\rho(1-\sigma_1)}(0)} (\tilde{v}^{p/2})^2(t, \cdot) dy + \iint_{C_{\rho(1-\sigma_1), \tau(1-\sigma_2)}^+(0)} |D \tilde{v}^{p/2}|^2 dy ds \\ \leq \gamma \frac{p(2p-1)}{(p-1)^2} \{((\sigma_1 \tilde{\rho})^{-2} + (\sigma_2 \tilde{\tau})^{-1}) \iint_{C_{\rho,\tau}^+(0)} (\tilde{v}^{p/2})^2 dy ds + 2^p h^{p\alpha/2} (\sigma_2 \tilde{\tau})^{-1} |C_{\rho,\tau}^+|\}$$

for  $0 < \tilde{\rho} < 1$ ,  $0 < \tilde{\tau} < \theta = \rho_0^{-2} \tau_0$ ,  $\sigma_1, \sigma_2 \in (0, 1)$  and any  $p > 1$ , where  $\gamma$  depends only on  $\lambda, \mu, m$  and  $d$ .

Let's take sequences  $p_v, \rho_v$  and  $\tau_v$  as follows: For  $v=0, 1, \dots$ ,

$$p_v = p(1 + 2/m)^v, \quad \rho_v = 1/2 + (1/2)^{v+1} \quad \text{and} \quad \tau_v = \theta(1/2 + (1/2)^{v+1}).$$

Noting that

$$\frac{p_v}{p_v - 1} < \frac{p}{p - 1}$$

and exploiting Sobolev's type inequality (see [9, p. 76]) and (5.23) successively, we have that

$$(5.24) \quad \iint_{C_{\rho_{v+1}, \tau_{v+1}}^+} (\tilde{v}^{p_v/2})^{2(1+2/m)} dy ds \\ \leq \left(\frac{p}{p-1}\right)^2 2^{2(1+2/m)} \beta^{2(1+2/m)} \{\gamma [2^{3(v+3)} + \theta^{-1} 2^{v+2}] \\ \cdot \iint_{C_{\rho_v, \tau_v}^+} (\tilde{v}^{p_v/2})^2 dy ds + \theta^{-1} 2^{v+2} h^{\alpha p_v/2} |C_{\rho_v, \tau_v}^+| \\ + 2^{v+4} \iint_{C_{\rho_v, \tau_v}^+} (\tilde{v}^{p_v/2})^2 dy ds\}^{1+2/m} \\ \leq \beta^{2(1+2/m)} (\max(\gamma, 1))^{1+2/m} 2^{2(v+4)(1+2/m)} \{[1 + \theta^{-1}] \iint_{C_{\rho_v, \tau_v}^+} (\tilde{v}^{p_v/2})^2 dy ds \\ + \theta^{-1} h^{\alpha p_v/2} \iint_{C_{\rho_v, \tau_v}^+} 1 dy ds + \iint_{C_{\rho_v, \tau_v}^+} (\tilde{v}^{p_v/2})^2 dy ds\}^{1+2/m} \\ \leq \beta^{2(1+2/m)} (\max(\gamma, 1))^{1+2/m} 2^{2(v+4)(1+2/m)} (1 + \theta^{-1})^{1+2/m} \\ \cdot \left( \iint_{C_{\rho_v, \tau_v}^+} ((\tilde{v}^{p_v/2})^2 + h^{\alpha p_v/2}) dy ds \right)^{1+2/m}.$$

Since  $h < 1$ , we obtain from (5.24) that, for any  $v = 0, 1, \dots$ ,

$$(5.25) \quad \begin{aligned} & \iint_{C_{\rho_{v+1}, \tau_{v+1}}^+} ((\tilde{v}^p)^{2(1+2/m)} + h^{p\alpha/2}) dy ds \\ & \leq \beta^{2(1+2/m)} (\max(\gamma, 1))^{1+2/m} 2^{2(v+4)(1+2/m)} (1+\theta^{-1})^{1+2/m} \\ & \quad \cdot \left( \iint_{C_{\rho_{v+1}, \tau_{v+1}}^+} (\tilde{v}^p + h^{p\alpha/2}) dy ds \right)^{1+2/m}. \end{aligned}$$

Dividing the both side of (5.25) by  $\rho_{v+1}^m \tau_{v+1}$ , and taking the power of order  $1/p_{v+1}$  in the resulting inequality, we have, for any  $v = 0, 1, \dots$ ,

$$\begin{aligned} & (\rho_{v+1}^{-m} \tau_{v+1}^{-1} \iint_{C_{\rho_{v+1}, \tau_{v+1}}^+} (\tilde{v}^p + h^{p\alpha/2}) dy ds)^{1/p_{v+1}} \\ & \leq [\beta^2 \{\max(\gamma, 1)\} 2^8]^{p^{-1}(1+2/m)^{-v}} 4^{p^{-1}v(1+2/m)^{-v}} (1+\theta)^{p^{-1}(1+2/m)^{-v}} \\ & \quad \cdot (\theta^{2/m})^{p^{-1}(1+2/m)^{-v-1}} (\rho_v^{-m} \tau_v^{-1} \iint_{C_{\rho_v, \tau_v}^+} (\tilde{v}^p + h^{p\alpha/2}) dy ds)^{1/p_v}. \end{aligned}$$

By iterating the above inequality infinitely with starting from  $v=0$  we have

$$(5.26) \quad \begin{aligned} & \sup_{C_{1/2, \theta/2}^+} v \leq [\beta^2 \{\max(\gamma, 1)\} 2^8]^{p^{-1}(1+m/2)} 4^{p^{-1}} \\ & \quad \cdot \sum_{j=0}^{\infty} j \cdot (1+2/m)^{-j} (1+\theta)^{p^{-1}(1+m/2)} \theta^p (\rho_0^{-m} \tau_0^{-1} \iint_{C_{\rho_0, \tau_0}^+} (v^p + h^{p\alpha/2}) dy ds)^{1/p}. \end{aligned}$$

Now we are in a position to show (1.12). Let's classify our proof into two cases.

*Case 1*  $r^2 > h$ . Then, by taking  $\rho_0^2 = \tau_0 = r^2$  and using  $r^2 > h$  in (5.26), we have (1.12).

*Case 2*  $r^2 \leq h$ . We deduce from applying Harnack theorem on elliptic equations (see [3, Theorem 8.17, p. 194]) for  $\tilde{u}_n$  in  $B_1$  that, for any  $p > 1$  and  $q > m$ , there exists a positive constant  $\gamma$  depending only on  $m, q, p, \lambda$  and  $\mu$  such that, setting

$$(5.27) \quad \begin{aligned} & \tilde{v}_n = \max \{ \pm \tilde{u}_n, 0 \} \quad (n = 1, 2, \dots, N), \\ & \sup_{B_1} \tilde{v}_n \leq \gamma \left\{ \left( \frac{1}{|B_1|} \int_{B_1} (\tilde{v})^p \right)^{1/p} + \left( \frac{1}{|B_1|} \int_{B_1} g^q \right)^{1/q} \right\} \end{aligned}$$

holds for  $1 \leq n \leq N$ , where

$$g = \frac{\tilde{u}_n - \tilde{u}_{n-1}}{h/r^2}.$$

Thus, noting (5.16) and that  $r^2 \leq h$ , (1.12) is obtained.

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